Do You Have Adult Doctors?

Questions to ask yourself as you plan for adult health care

Depending on your insurance, there may be changes in your health care, as you get older.

- Some private insurance will only continue to cover young adults until a certain age.
- Call your current insurance company to find out if you will still receive coverage as an adult or if any changes will occur.
- Plan to talk with the insurance company before you turn 18 years old so that you can create an insurance plan.
- Sometimes Medicaid/Public Aid will cover kids, but may not necessarily continue to cover you as an adult.

Do I have a primary care doctor who will see me when I am an adult? Or do I need to find an adult primary care doctor?

- All people should have a primary care doctor.
- Some pediatricians will continue to see patients into their early adult years and other pediatricians will only see patients until they are 18 years old.
- Talk with your primary care doctor about your plan and ask for a referral for an adult doctor if needed.

Do I have a dentist who will see me when I am an adult?

- Like having a primary care doctor, all people need to have a dentist.
- Talk with your current dentist to see if they will continue seeing you as an adult or ask for a referral.

If I am a female, do I need to see a gynecologist?

- Most female adults will begin seeing a gynecologist.
- You can speak with your primary care doctor and specialist for referrals or concerns.

Are there other adult doctors I will need to see?

- Some people need to see an eye doctor, dermatologist, GI, or other adult doctors.
- Speak with your primary care doctor or specialists for referrals.

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