

## Shoe Guide for AFO's and Shoe Inserts

**Zappos.com** – Shoe site that allows free returns. Search “orthotic friendly” or “adaptive clothing”.

### Winter boots for AFO's

Any boot that laces up or is adjustable. Search “Adjustable boot” on zappos.com.



Furoshiki



Columbia Kids  
Minx Boots



Kamik Kids Rocket  
Adjustable Boots



UGG Barley  
Adjustable Boots



Tundra Quebec  
Kids Boots

---

### Flat bottom shoes for AFO's

“Skater” style shoes are usually flat.



DC Kids Pure  
Skate Shoes



Osiris



See Kai Run



Tony Hawk  
High Tops



Plae Shoes



Airwalk



Morgan milo



Supra



Billies

Billyfootwear.com



Adidas



Nike Fly Ease

\*\*Styles/colors will vary online and in store. The above are only examples for each brand\*\*

---

### Wide shoes for AFO's

Some can be ordered up to 6W online.



ASICS



New Balance  
Toddler



New Balance  
Kids/Teens



Stride Rite



Keen



Tsukihoshi

## Shoes for custom shoe inserts

Rigid sole, deep heel cup, laces, removable inner liner, overall sturdy design. Avoid mesh or slipper design material to maximize stability.



ASICS



New Balance



Saucony



Brooks

\*\*Styles/colors will vary online and in store. The above are only examples for each brand\*\*

---

## Socks for AFO's

Should come past the trimlines of the AFO's



Little Royals Socks (\$6/pair)  
<http://www.littleroyaltwo.com/>



Rockathigh Socks  
<http://www.rockathighbaby.com>



Bombas socks  
[bombas.com](http://bombas.com)



SmartKnit Socks  
[knitrite.com](http://knitrite.com)

---

## Lacing



Zubits  
[zubits.com](http://zubits.com)



Yankz  
[yankz.com](http://yankz.com)