



Preparing Batch Formula: Unpacked

“Batch” means a large amount of formula

1. STEP ONE – WASH HANDS, GATHER AND CLEAN SUPPLIES

You will need:

- Formula recipe
- Formula powder
- “Infant Water”, “Nursery Water” or boiled tap water
- Container for measuring water
- Measuring cup for powder
- 32 oz (at least this big) container with a lid for mixing formula.



Measuring cup for water



Measuring cup for powder




Container to mix formula



Nursery water

2. STEP TWO – MEASURE THE REQUIRED AMOUNT OF NURSERY WATER

- Check your child’s formula recipe to see how much water is required.
- When filling container, place container on flat surface and look at container at eye level. 



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3. STEP THREE – MEASURE THE REQUIRED AMOUNT OF FORMULA POWDER

- a) Check your child's formula recipe to see how much formula powder is required.
- b) Fill correct size measuring cup with formula powder.



- c) Do not pack or force powder into measuring cup.
- d) Use knife or straight utensil to level off powder.



4. STEP FOUR – POUR MEASURED WATER INTO MIXING CONTAINER



5. STEP FIVE – POUR MEASURED FORMULA POWDER INTO MIXING CONTAINER



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6. STEP SIX – PUT LID ON CONTAINER AND VIGOROUSLY SHAKE FOR ABOUT ONE MINUTE

- Formula should look smooth after mixing (no lumps)



7. STEP SEVEN – POUR OUT REQUIRED AMOUNT OF FORMULA FOR YOUR CHILD'S FEEDING

- Remaining formula can be stored in the mixing container in a refrigerator for up to 24 hours
- Any remaining unused mixed formula should be thrown away after 24 hours



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