



Transgender Athletic Policies

Illinois State Policies: In the state of Illinois, both the Illinois Elementary School Association and the Illinois High School Association have identical policies that explicitly detail their recommendation for transgender participation in athletics.

- **Illinois High School Association** (see Policy 34, pages 119-120)
https://www.ihsa.org/documents/forms/current/IHSA_Policies.pdf
- **Illinois Elementary School Association** (see Policy and School Recommendations for Transgender Participation, page 85-86)
<https://www.iesa.org/documents/handbook/IESA-Policies.pdf>

News Articles on Transgender Athletic Participation

- **They are the champions:** An ESPN article describing the experiences of two transgender athletes fighting to compete in the sports that they love.
<http://www.espn.com/espnw/feature/23592317/how-two-transgender-athletes-fighting-compete-sports-love>
- **Stop talking about testosterone- there's no such thing as a 'true sex':** An opinion article in The Guardian describing some of the complications that make it difficult to determine eligibility for sports based solely on hormone levels.
<https://www.theguardian.com/commentisfree/2019/mar/06/testosterone-biological-sex-sports-bodies>
- **Transphobia's New Target is the World of Sports:** A The Nation article describing the difficulties and discrimination that transgender athletes face when attempting to participate in sports.
<https://www.thenation.com/article/trans-runner-daily-caller-terry-miller-andraya-yearwood-martina-navratilova/>

National Level Policies

- **The National Women's Hockey League (NHL):** <https://www.nwhl.zone/page/show/3786830-nwhl-transgender-policy>
- **USA Swimming:** <https://www.swimmingworldmagazine.com/news/usa-swimmings-anti-discrimination-policies-include-sexual-orientation-gender-expression/>
- **USA Soccer:** https://docs.wixstatic.com/ugd/2bc3fc_d4601f281da449648ca4c60d0d81a526.pdf
- **USA Hockey:** https://cdn3.sportngin.com/attachments/document/8a0b-1766565/USA_Hockey_Transgender_Athlete_Eligibility_Policy.pdf?_ga=2.19697150.730935790.1557261071-208400824.1557261071

Recommended Policies and Resources

- **Transathlete:** A resource for students, athletes, coaches, and administrators to find information about trans inclusion in athletics at various levels of play. <https://www.transathlete.com/>
- **Model Policy by TransAthlete:** <https://www.transathlete.com/creating-a-high-school-policy>