Ann & Robert H. Lurie Children's Hospital of Chicago®

Metabolic Clinic Guide

Welcome to the Metabolic Clinic at Lurie Children's. This guide will provide basic information on the clinic. It is our goal to provide the best possible care for our metabolic patients and their families. Care for metabolic patients is complex, and is successful when patients, families and clinic staff work together.

EDWARDS FAMILY DIVISION OF GENETICS AND RARE DISEASE OFFICE PHONE NUMBER
312.227.6120
Call during business hours
Monday through Friday
8:00 a.m. to 4:30 p.m.
(except holidays)

MEET THE METABOLIC CLINIC TEAM

Carlos E. Prada, MD
Division Head

Joshua Baker, DO
Attending Physician
Metabolic Program Director

Kirsten Havens, DNP, APRN, CPNP-PC
Advanced Practice Registered Nurse

Mickey Kuo, MD
Attending Physician

Erika R. Vucko, FNP-BC, AGN-BC
Advanced Practice Registered Nurse
PKU Program Director

Jalen Clemmons, LMSW
Social Worker

Soo Shim, MS, LCSW
Social Worker

Angelica Arriaga, BSN, RN, RNC-OB
Registered Nurse

Gabbie Banez, BSN, RN
Registered Nurse

Sarah Kish, MSN, RN
Registered Nurse

Kelsea Linney, BSN, RN, IBCLC
Registered Nurse

Sarah Schirmacher, BSN, RN, CPN
Registered Nurse
PKU Clinic Coordinator

Anne Kozek, MS, RD, LDN
Lead Registered Dietitian

Katie Arduini, RD, LDN, CLS
Registered Dietitian

Brooke Kurkijan, MS, RD, LDN
Registered Dietitian

Gabrielle McGrath, MS, RD, LDN
Registered Dietitian

Madison Smith, RDN, LDN
Registered Dietitian

Peyton Svoboda, MMN, RD, LDN
Registered Dietician

Aurora Meza
Dietetics Technician

CLINIC LOCATIONS

Lurie Children's Hospital
225 E. Chicago Avenue, Chicago, Illinois 60611

For directions and hours, please go to www.luriechildrens.org and click on *Locations*.

*Clinic days and times vary by provider.

Lurie Children's Outpatient Centers in:

- Lincoln Park
  467 W. Deming Place, Chicago, Illinois 60614
- Schaumburg
  1895 Arbor Glen Boulevard, Schaumburg, Illinois 60195
- Skokie
  3722 W. Touhy Avenue, Skokie, Illinois 60076

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INSURANCE

Your child's insurance provider will be billed for each clinic visit, lab test or diagnostic test. To update any changes in your child's insurance and/or registration information, please call KIDS DOC at 800.543.7362.

Some insurance plans, such as HMO's, may require referrals for clinic visits and lab work. **It is the family's responsibility to obtain the referral.**

MEDICAL FORMULAS, MEDICINES, AND LAB TESTS

- Most medical formula is provided by the Illinois Department of Public Health free of charge for life for all people with metabolic conditions living in the state. Prescriptions are valid for 12 months, and formula cannot be ordered without a valid prescription. Orders should be placed **before** you run out of formula. Have at least a 2-week supply on hand when you place an order. Monthly formula orders can be made by calling 217.557.5395.

- To approve coverage for prescribed medicines, insurance companies require documentation of ongoing treatment. This includes documentation of regular labs, diagnostic testing, and clinic visits. Specialty medicines may also require prior authorization by your insurance provider. The Metabolic Clinic team works closely with our families to ensure approval for prescribed medicines, and to help with financial assistance if needed.

- If you are getting your lab work done at a satellite lab, or at an outside hospital, please call the Genetics office **before** you have the lab work done to confirm that the lab orders are entered. The Genetics office phone number is 312.227.6120; call during business hours (Monday to Friday 8:00 a.m. to 4:30 p.m., except holidays).

- If you use MyChart, you may see lab test results at the same time as they are being sent to the provider. If you want to talk to your provider about the lab test results, please know your provider may not be able to discuss the results right away. Your provider will need time to review and interpret the results before they discuss them with you.

Patients must be seen in clinic at least once per year to receive prescriptions for formula and medicines. To schedule your clinic appointment please call the Edwards Family Division of Genetics and Rare Diseases office.

The information included in this document is for informational purposes only and is not intended to substitute in any way for medical education, training, treatment, advice, or diagnosis by a healthcare professional. A qualified healthcare professional should always be consulted before making any healthcare-related decision.

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