



Coping and Comfort Caregiver Checklist

Caregivers:

Please complete for the child receiving a blood draw today. We want to partner with you to support your child's coping and comfort.

Return this form to your phlebotomist and discuss your child's Coping and Comfort Plan.

The following accommodations might be helpful during blood draw:

ENVIRONMENT

- Limit people in the room
- Dim lights
- Cover supplies/supplies not visible
- Prefers female staff member
- Prefers male staff member

EXPLAINING THE PROCEDURE

- Spoken language
- Pictures
- Gestures or pointing
- Don't explain procedure

SITTING OR HOLDING POSITIONS

- Lie flat
- Swaddle — infant
- Comfort hold

DISTRACTION/COMFORT METHODS

- Music
- Counting
- Deep breathing
- Sensory pad
- Electronic device (phone/tablet)
- Weighted blanket
- Other: _____

PAIN REDUCTION

- Cold spray (not for use with diabetic patients)
- Oral sucrose — infants
- Localized vibration (Buzzy)

OTHER ASSISTANCE

- Child Life Specialist needed in the past*
- Vascular Access Team needed in the past*
- Patient has an access port or line* (cannot be performed in phlebotomy — nurse or infusion center appointment required)

SPECIAL REQUESTS

*Please report to check-in desk to notify staff.