

# PRN Program: Welcome Session



**Materials:** Provide participant guide to be provided to participants at least 1 week in advance.

Flip chart or whiteboard and Markers

**Room setup** in tables of 4 or 6-8 depending on number of participants

Display slide as participants walk in

**THIS SESSION IS 1 minute/participant**

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**Disclosures**

**[Include CEU Statement and instructions, such as**  
*In order to complete this session you must attend the entire session and complete an evaluation form at the end of the session. ]*

**[Include disclosures from all faculty and facilitators of this educational content, such as**  
*"No other planners, presenters, faculty, authors and content reviewers of this educational activity have indicated they have conflicts of interest." ]*

**Edit to include actual event CE & disclosures**

**Welcome & Introductions:** *Introduce facilitator and faculty if necessary*

**READ:** Slide (CE statement and Disclosures)

# PRN Program: Welcome Session

## Implementing the Pediatric PRN Role

*A Pain Resource Nurse (PRN) is a Registered Nurse who interfaces with healthcare team members, patients, and families as a resource, change agent, and leader to disseminate information, facilitate optimal pain management, and systemize quality pain care.*



## PRN learning objectives

- Engage patients, families, leaders, and interdisciplinary healthcare teams to identify opportunities and develop action plans to improve sensitivity to children's pain and clinical pain care provided.
- Assess your unit, specialty, organization, and community for opportunities to successfully educate patients/families and/or the interdisciplinary health care team, conduct evidence-based practice, research, and/or performance improvement projects that will facilitate optimal pain management and systemize quality pain care.
- Analyze your potential for success in the PRN role based on your qualifications and evaluation of your institution's leadership commitment, interdisciplinary teamwork, and resources to address staff/organization challenges and barriers to optimal pain care.
- Evaluate how your goals for the PRN role align with the outlined PRN responsibilities and the institutions care priorities.


**READ:** Each content section of this curriculum includes live flipped learning activities and participant guides.

The participant guides should be read before the learning activity.

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**Curriculum Goals**

- Break down institutional barriers
- Empower pediatric pain resource nurses (PRNs) to champion a healthcare culture sensitive to children's pain



**READ:** This curriculum is geared to preventing, assessing, treating, and understanding pain in children.

It's goals are to:

- Break down institutional barriers , and
- Empower pediatric pain resource nurses (PRNs) to champion a healthcare culture sensitive to children's pain

## Introductions

**READ:** Please introduce yourself.

Provide your name, role, department, and

- one thing you can do to improve pediatric pain care by the end of this week, and
- one thing you can do to improve pediatric pain care by the end of this year (or 12 months from now).

*Flip to next slide as participants start*



Take a minute to reflect...

- Is your **leadership committed** to your active involvement in this effort? Are you?
- Who are key members of your **collaborative interdisciplinary** team who effectively communicate vertically and horizontally?
- Where can you **focus** your first effort for the quickest win and biggest reward?
- Do you have the **resources** you need to secure success?

*Write participants goals for the end of week,  
and end of year on flipchart or whiteboard.  
**[Limit to 1minute/participant]***

*Participants should be providing names, roles,  
departments,*

- *one thing you can do to improve pediatric pain care  
by the end of this week,*
- *one thing you can do to improve pediatric pain care  
by the end of this year (or 12 months from now).*

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**READ:** The gap from knowledge to implementation in clinical practice is 17 years. You can close this gap and start to improve pediatric pain care this week. The flipped learning model we are using will provide you with both knowledge & opportunities to refine the skills you will use to implement evidence-based pain practice. These activities reinforce the key messages of our PRN curriculum.

Interactive Presentations –You’ll have a chance to discuss, apply, and test your learning.

Work Groups –You’ll work through the steps of developing a pain improvement project unique to your patients needs & decide how to implement the PRN role in your organization.

Coaching & Networking – You will network with peers and receive individualized coaching .

Breakout Sessions –Using the “see one, do one, teach one” technique, you will experience pain management interventions, and confidently use and disseminate these interventions this week!

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Workshop Agenda <i>Edit to include actual event schedule</i>	
<b>Day 1</b>	<b>Day 2</b>
Overview & resources	Implement PRN role
Assessment of pain	Pain rounds
Analgesics	Fact check and fix
Acute pain	Procedural pain
Lunch: Breaking barriers	Lunch: Leading change
Data to inform change	3 Special topics
Break-outs: Biobehavioral	Post-test, evaluation
Case studies	
Wrap-up	

Case Studies – provide a deep dive into common pediatric cases, where you'll synthesize what you learned and confidently endorse new approaches to assessing and managing pediatric pain.

Pain Rounds – are an opportunity to accompany experts in motion rounding on actual patients. You'll learn there is more than one right way to treat pain.

Special Topics – may not be applicable to everyone, like pain in critically ill children and neonates. These are provided content for those PRNs who care for these vulnerable patients with pain.

**READ:** Here is the 2-day intensive workshop schedule.

*Provide instructions to organize the days, such as "Rank the biobehavioral breakout preferences."*

**ASK:** Any questions?

**READ:** Let's get started!

***[SESSION ENDS AT 1 MINUTE/PARTICIPANT]***