

*Internship Director: Elizabeth Klinger, MA, MT-BC
NICU Music Therapist, Hospice and Palliative Care Music Therapist*

Overview of Internship Settings

Ann & Robert H. Lurie Children's Hospital of Chicago is Illinois' only freestanding hospital exclusively for kids. Ranked #1 in almost every major pediatric specialty, we have provided superior pediatric healthcare in a compassionate, family-centered environment. The hospital has 360 inpatient beds and is located in Chicago's Streeterville neighborhood. Specialty areas include: a Level I Trauma Center, a Level III Neonatal Intensive Care Unit, cardiac intensive care, and hematology/oncology.

The intern will have the opportunity to work with up to three board-certified music therapists, as well as interact with child life specialists, art therapists, chaplains, nurses, physicians, social workers, occupational therapists, speech therapists, and physical therapists as part of the interdisciplinary team. In addition to the treatment team are activity coordinators, in-house television staff, artists-in-residence, teachers, and volunteers.

On-Site Educational Programs

A variety of in-services, professional conferences, and educational programs are offered onsite, most of which are free of charge. The intern will be encouraged to attend all programs pertinent to their areas of interest.

Other clinical training programs include:

- Nursing
- Medical students, interns, and residents
- Social Work
- Speech, Occupational, and Physical Therapy
- Child Life
- Art Therapy
- School Services

The Music Therapy Program

The Music Therapy Program began in the year 2006 as a part of the Child Life Team, which is within the Family Services department. The program has grown to include three full-time music therapists covering the intensive care and acute inpatient units. Primary inpatient areas of focus include Pediatric Intensive Care, Neonatal Intensive Care, Hematology/Oncology, Neurology, Pulmonary, Cardiology, and transplant.

Music Therapy Sessions: Bedside

Individual music therapy sessions are available for inpatients on all medical units. Patient visits may vary in length from 15 minutes to over an hour. Session content varies according to age, need, and diagnosis. Common goal areas addressed include decreasing patient perceived pain or anxiety, maintenance of physiological homeostasis, maintaining or improving mental function, encouraging positive coping skills and expression of feelings, decreasing isolation and loneliness, increasing patient compliance with medical procedures, facilitating positive and meaningful interactions among family members, and comfort care and support for end of life situations.

Music Therapy Sessions: Groups

Group sessions are provided periodically in several areas of the inpatient hospital, and include family and staff caregivers when applicable. Music therapy interns may have opportunities to facilitate or co-facilitate expressive groups on various units. Group size typically ranges from 1-5 patients. Interventions include: lyric analysis, songwriting, music-assisted relaxation, music making/instrument play, and creative arts and music.

In addition, music therapy interns serve the hospital's infant/toddler playgroup once each week (*currently on hold due to COVID-19*). This group is assisted by hospital volunteers under the supervision of an activity coordinator. The group serves inpatients and their family members ages 0-36 months, and focuses on developmental music play, socialization, and sensory integration. Interventions include: active music listening, instrument play, and music and movement.

Overview of Clinical Training

There are three types of learning experiences offered concurrently in the course of the internship: Music Therapy Clinical Experiences and Observation, Group Learning, and Special Projects.

Music Therapy Clinical Experiences

The intern will have the opportunity to interact with a variety of patient populations throughout the internship. The first month involves orientation and an intensive learning experience. During this time, the new intern will spend a majority of the time becoming oriented to the hospital, meeting staff, attending rounds, mastering session planning, observing the staff music therapists, co-facilitating group sessions, and shadowing other staff.

In the second and third months, the intern begins to co-lead alongside fellow interns and music therapy staff and develop a caseload of patients in several areas of the hospital. The second half of the internship involves the intern maintaining an independent caseload of patients assigned by the music therapy staff while still engaging in weekly supervision.

The intern will write and present at least one (1) formal case study, in addition to preparing and presenting a final project at the end of internship. The intern should expect to spend approximately 50% of the day engaging with patients, either through observation or direct service. In addition to patient contact, the intern will learn to document each patient encounter in the electronic medical record (Epic) and potentially utilize other systems to help collect caseload and productivity data.

Group Learning

The intern will participate in a staff facilitated monthly reflective supervision group along with art therapy, child life, and education interns. During each meeting, the intern will have the opportunity to present an informal case study and receive feedback and supervision. The intern will also participate in weekly meetings with the music therapy team to share new songs/interventions, relevant readings and research articles, and to discuss patient care.

Special Projects

In addition to clinical experience, the intern will be expected to complete the following (subject to availability):

1. At least one formal case study
2. One special project pertaining to the intern's specific interest and applicable to an area of clinical practice within the hospital setting. Examples include: starting a new group, introducing music therapy services to a new area of the hospital, writing a grant proposal or article for submission to a professional journal, or developing a research protocol for use in the hospital. The project should be at least ten pages in length or its equivalent.
3. One hospital in-service explaining the benefits of music therapy including examples and music experiences.
4. Performance on primary or accompaniment instrument for a hospital-sponsored event and/or memorial service.

Entry Level Requirements

1. Internship candidates will be required to prepare 5 songs for children and adolescents to sing and play on guitar from memory. Two or three of these songs will be selected by the ID for the candidate to play during the interview. Internship candidates must be able to demonstrate proficiency in each of the following musical skills (to be evaluated by ID during interview):

- Guitar skills: play I, IV, V7 chords and transpose in the keys of C, D, E, G, A
- Keyboard: sight-read music from a score, sight-read music and improvise accompaniment from a fake book, perform a simple improvisation
- Voice: sing on pitch, in rhythm, with clear articulation while playing an accompaniment instrument of choice
- Percussion: demonstrate ability to play two different tones on the djembe

2. Internship candidates must be able to identify the following therapeutic knowledge:

- Music styles and repertoire appropriate for multiple populations from infants through young adults
- Influence of music on mood and behavior
- Basic knowledge of anatomy and physiology and medical terminology

3. Internship candidates must be able to demonstrate ability to perform the following therapeutic activities:

- Assess a patient's strengths and weaknesses and formulate appropriate treatment goals and objectives
- Plan and implement group and individual music therapy sessions with a variety of patient populations
- Prepare and implement age-appropriate and culturally sensitive music therapy interventions
- Document therapy sessions
- Ability to adapt interventions mid-session in order to meet the needs of the patient

4. Internship candidates must demonstrate the following professional abilities:

- Speak and write clearly and effectively
- Follow directions and seek guidance as needed
- Maintain professional demeanor and appearance.
- Accept constructive criticism and show awareness of personal strengths and weaknesses
- Demonstrate a basic understanding of music therapy literature and research

Overview of Internship Arrangements

Housing- The intern will be responsible for obtaining their own housing.

Meals- The intern must provide their own meals. The cafeteria has meals available at cost.

Transportation- Lurie Children's is easily accessible by CTA and Metra trains. There is a shuttle that travels between the hospital and downtown Metra stations. There is also a free shuttle that travels between the main hospital and outpatient facilities and offices in Lincoln Park. Several Michigan Avenue busses stop near the hospital. Several bike racks are nearby as well. Parking space is not available. Reimbursement for transportation costs is not available.

Liability Insurance- The music therapy intern must provide proof of liability insurance prior to the internship start date, either through contractual agreement with their university, or through private purchase. The intern's university must participate in the hospital's program affiliation agreement.

Occupational Health- The intern must have completed a TB test, and submitted their immunization records prior to internship start. The intern must also schedule an onsite Physical Blue C with Corporate Health within 30 days of their start date. Please contact Corporate Health Services at LurieEmployeeHealth@nm.org for further information and availability. There may be costs associated with obtaining necessary vaccinations if the intern's records are not complete or up-to-date. Up-to-date seasonal flu vaccines are required for internship and free to interns during the fall.

Additional Requirements- The intern may be required to complete respiratory fit testing (free of charge) and may be enrolled in CPR training if available. Both are available through the hospital and can be completed after internship start.

Instructions for Submitting Internship Application

Students interested in applying for an internship must submit the following to the Internship Director:

1. Official transcripts from all colleges and universities attended
2. One letter of recommendation and verification of internship eligibility from the student's academic director
3. Two letters of recommendation from music therapy practicum supervisors, or letters of recommendation from related professionals with additional verification of practicum experience
4. Personal resume detailing education and clinical experience
5. Internship application

Candidates will not be considered until all materials have been received by the Internship Director. Application materials may be sent via e-mail or postal mail to:

Internship Director

Elizabeth Klinger, MA, MT-BC
Ann & Robert H. Lurie Children's Hospital of Chicago
225 E. Chicago Ave., Box 31
Chicago, IL 60611-2605
Phone: 312.227.3282
E-mail: eklinger@luriechildrens.org

The Internship Director will acknowledge receipt of application materials via e-mail and will set up a date for a phone conversation with select candidates. If selected for an in-person interview, the candidate will have the opportunity to meet with the Internship Director and music therapy supervisor, tour several areas of the hospital, sing and play prepared pieces of music using guitar and keyboard, and sight-read one piece chosen by the Internship Director. The in-person interview is required for all candidates in the Midwest and strongly recommended for students from other areas of the country. Should a candidate be unable to complete an in-person interview, arrangements for a Skype interview may be made at the discretion of the Internship Director. We reserve the right to not offer the internship every semester.

For More Information, Please Visit:

<https://www.luriechildrens.org/en/for-healthcare-professionals/education/fellowships-training-programs/music-therapy-internship/>