



# Conducting On-Site Study Visits During COVID-19 at Lurie Children's: *Safety Starts with Us!*

For Research Professionals conducting research at Lurie Children's in our new post COVID-19 era!

## Topics include:

1. Self-Screening
2. Mask Requirements
3. Hand Hygiene
4. Participant and family safety

- a. Screening
  - b. Expectations and Tips for participants
5. Things to remember when conducting research

## 1. Self-Screening



**Importance:**

**All faculty and staff** are required to **self-screen for COVID-19 symptoms** (fever, cough, shortness of breath) at the beginning and end of their shift to help avoid exposure to other staff and patients.

**How to Self-screen:**

- Take your temperature at home before you come to the Lurie Children's campus.
- Complete the online screening tool<sup>1</sup> at the beginning and end of each day that you come to the campus. If any questions are yes - notify your manager and **DO NOT** come to the campus. Tip: Take a screenshot of completed assessment.
- You will need to show that you have completed the form in order to enter the main hospital or office buildings.
- Campus Check-in and obtaining a Mask.

## Employee Screening Tool For COVID-19



**For additional information on self-screening, please refer to the Lurie COVID site:**

<http://portal2/sites/incident-cmd/covid19/SitePages/Home.aspx>

**Any other specific concerns/questions you cannot find answers to on the COVID site, please reach out to:** COVID-19 Call Center (Lurie's) 312-227-5300 or Infection Prevention and Control x7-4290

**Please note:** If you do not have a thermometer at home, reach out to your Director/Supervisor and ask how you can receive an oral thermometer from Central Supply.

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<sup>1</sup><https://bit.ly/2UJgsa6>

## 2. Mask Requirements



### **Universal masking process (must be worn at all times):**

- One clean standard face mask will be provided at the beginning of the shift –this is referred as the “universal mask”
- This “universal” mask should be used until soiled, damaged/torn, or wet.
- Avoid touching “universal” mask with your hands if possible. If you must touch the “universal” mask, perform hand hygiene before and after touching the mask.



**Procedure for putting on a mask:**

1. Perform hand hygiene (wash hands with soap & water for 20 seconds or use hand sanitizer)
2. Hold the mask by the ear loops. Place a loop around each ear
3. Mold the stiff edge to the shape of your nose, ensuring nose is covered
4. Make sure the bottom of the masks covers your mouth and chin
5. Perform hand hygiene (wash hands with soap & water for 20 seconds or use hand sanitizer)

**Managing the mask throughout the work day:**

**Eating with a mask**

1. Hand hygiene
2. Remove mask
3. Place on clean paper towel
4. Hand hygiene

### **Taking a drink with a mask**

1. Hand hygiene
2. Remove one ear loop.
3. Take a drink
4. Replace the ear loop
5. Hand hygiene

### **Procedure for removing a mask:**

1. Perform hand hygiene (wash hands with soap & water for 20 seconds or use hand sanitizer)
2. Avoid touching the front of the mask as it may be dirty. Only touch the ear loops.
3. Hold both ear loops and gently lift and remove the mask. Dispose of mask.
4. Perform hand hygiene (wash hands with soap & water for 20 seconds or use hand sanitizer)

## **3. Hand Hygiene**



### **Hand Washing**



**When:**

- Anytime hands are visibly soiled
- Following contact with participants and their environment
- Before and after eating
- After using the restroom
- Before and after handling specimens
- When arriving at work
- After sneezing, coughing, blowing/wiping nose or mouth

**How to properly wash hands:**



*1 - 1) Vigorously wash with soap and water under a stream of warm water taking care to wash all fingers (don't forget your thumbs!), tops of both hands and palms around and under nailbed and around wrists for 20 seconds*



*2 - 2) 20 Seconds – How do you know it's been 20 seconds? Sing! "Happy Birthday" twice in your head. Don't like that song? No problem! You can sing the chorus to "The Sound of Music", "Jolene", "Staying Alive" "Love Shack", "Livin on a Prayer". If you sing out loud: Clean lyrics go with Clean Hands!*



*3 - 3) Soap used should be institutional antibacterial liquid. No bar soap allowed.*



*4 - 4) Rinse thoroughly. Turn faucet off with a paper towel and toss. Take a new one and wipe off both hands.*

## Hand Sanitizer:

Reminder: Please use institutional-approved/provided Alcohol Based Hand Sanitizers (ABHS)

### When should ABHS be used:

- When hands aren't visibly soiled
- When soap and water are not immediately available
- Before entry into participant treatment room and upon exit
- Before/after direct contact with participant
- Before donning (putting on) PPE and after doffing (removing) PPE
- After contact with body fluids, after sneezing, coughing or blowing/wiping your nose or mouth
- Before handling clean supplies

### Dry Skin?

- Use institutionally provided hand emollients (lotions)
- Do not use lotions from outside the clinical environment. These lotions can negate the antibacterial effect of clinical hand soap by binding the active ingredient. Others can compromise glove integrity.

## 4. Participant and Family Safety

### Screening Participants and Family

**Patients AND families should be screened for COVID-19 prior to any on-site research visit. It recommended the screening occur at following time points:**

- 1) At the time of scheduling the appointment**
- 2) Three (3) days prior to visit, and**
- 3) The day/night before visit**
- 4) On-site**

**For further guidance and information for patient/families, please refer to the Lurie COVID-19 site:**

<http://portal2/sites/incident-cmd/covid19/SitePages/Home.aspx>

### Expectations and Tips for participants and families

- At check-in on the 2nd floor, participants and families will be given a mask.
- Expectation of the participant and family to wear a mask when moving throughout the Campus includes:
  - To and from appointment



- Any other area (Lab, x-ray, etc.)
  - o This can be tough for the younger participants, but the parent/guardian must wear one.
- Participant and parent/caregiver can remove mask in appointment room but expectation is to put the mask back on when staff comes in/is in the room
- Keep room doors closed at all times
- If a short stay of 1-2 hours, please refrain from eating in order to reduce exposure.

## 5. Things to remember when conducting research



### **Workspaces and Equipment:**

- Wipe down desks/workspaces at the start and end of each shift and/or study visit
- Wipe down ALL equipment used during study visits (iPads, pens, devices, etc.) with an approved disinfectant following appropriate contact times

### **Check-in with other areas:**

- To ensure following proper procedures for all areas, ask each department/location that research will be conducted on what their current procedures are to ensure safety!

### **General rules while conducting research on Campus spaces:**

- Try to maintain 6-feet apart
- If possible, try to limit your travels around the campus locations

- Follow guidance around Lurie Children's campus locations for more information on “spacing for safety”