



This is your family's Roadmap to Home

You are never alone on this journey



Cardiac Care:

- We can tell you about our child's heart condition and their surgeries.
- Our child has recovered from surgery and has a stable heart rhythm.
- Our child is breathing comfortably without additional oxygen.
- We have received the post-op teaching sheet and know how to care for our child's incision at home.
- We know our child's goal oxygen saturation levels. If our child falls below the goal, we know to call the HeArT Clinic or the Single Ventricle APN.

General Newborn Care:

- We have received newborn care teaching.
- We have completed:
 - Newborn Screen Date completed: _____ Repeat needed: _____
 - Hearing Screen Date completed: _____ Repeat needed: _____
 - Car Seat Challenge Date completed: _____
 - CPR training Date completed: _____
- We have completed a 24-hour stay (stayed overnight with our child and cared for them for 24 hours).
- We have identified 2 caregivers that are trained on the important aspects of our child's care:

Caregiver #1: _____

Caregiver #2: _____

Medications:

- We can tell you what medications our child takes and why our child takes them.
- We can tell you the times and doses of our child's medications.
- We have practiced drawing up and giving the medications to our child.
- We have picked up our medications for home prior to discharge and reviewed them with the nurse. This is especially important for compounded (liquid) medications.

Feeding:

- Our child is showing good weight gain in the hospital.
- We know how to feed our child either by breast feeding, a bottle, or a feeding tube.
- We know what calorie formula or breast milk our child is requiring for growth.
- We have our formula, additives to increase the calories, and tools to make it.
- If needed, we have a plan for maintaining pumped breast milk or breastfeeding.
- We know how much our child should be eating in a day. If our child falls below the goal, we know to call the HeArT (High Acuity Transition Clinic) or the Single Ventricle Nurse Practitioner.



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Outpatient Support and Follow-up

- We know who our HeArT team is and what they do. We know how to contact the HeArT team and parameters for when to call them.
- We know how and when to call for help in an emergency (911).
- We have received our home pulse oximeter and scale.
- We have completed home monitoring teaching and have demonstrated the ability to:
 - Use the scale and weigh our baby
 - Use the pulse oximeter
 - Fill out our home monitoring log
- If needed, we know who our home supply company and nurse are and how to contact them. We know how to use our home equipment (i.e. NG, GT, feeding pump).
- We have been referred to Early Intervention and know how to reach them.
- We have an appointment in the NICU-Cardiac Neurodevelopmental Support Program (NCNP).
 - Date & Time: _____
- We have an appointment in the HeArT clinic.
 - Date & Time: _____
- We have an appointment with our pediatrician.
 - Date & Time: _____
- We know the plan for immunizations and for RSV prophylaxis (Synagis).
 - 1st dose of Synagis was received: _____ Next Due: _____
 - Immunizations received: _____ Next Due: _____
- If needed, we have the contact information of other specialists our child needs to see and have made appointments to follow-up with them:
Additional Appointments and follow-up:
 - _____
 - _____
 - _____
 - _____



Roadmap to home completed and signed by parents and Lurie medical team:

Parent or Guardian _____

Bedside Nurse _____

Discharging MD/APN/PA _____