

Data Visualization Best Practices:

Your Guide to Great Graphs

Anne Bendelow, MPH
Ann & Robert H. Lurie
Children's Hospital of Chicago
Data Analytics & Reporting
October 23rd, 2019











Ann K. Emery

- Information Designer
- Speaker, host of workshops and webinars, owns a design consultancy, chair of American Evaluation Association's data interest group
- Aim of equipping organizations to visualize data more effectively



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Design

Want good DataViz, but don't have time to do it yourself? We design reports, one-pagers, dashboards, infographics, and slideshows.

GET STARTED



Most of our designs are private, client-facing documents. Once in a while, we work on public-facing reports. Here are a few public projects.

- The American Evaluation Association in 2020
- · Coalition Assessment: Approaches for Measuring Capacity and Impact
- Data Placemats: A Facilitative Technique Designed to Enhance Stakeholder Understanding of Data
- Epidemiological and Statistical Basics with Ann & Robert H. Lurie Children's Hospital
- The Global Environment Facility's Scorecard
- In a continue National Parks of Free Location 2012





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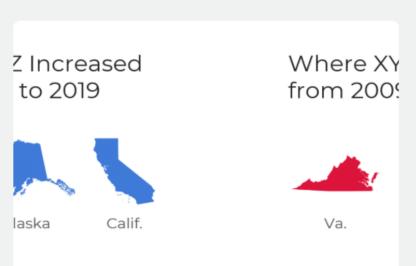
Coaching

Keynotes

Blog

Keynotes

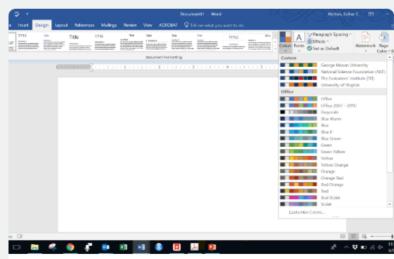
Data Visualization | Presentations | Reports



My Favorite Source for State Icons to Use in Data Visualizations

Jun 25th, 2019 / Data Visualization

Does the first draft of your report or slideshow have way too much text? Are you looking for strategies for transforming your wall of text into an effective visual? If so, I wrote this article for you! This is one of many techniques for



Search

Work Smarter, Not Harder, When Visualizing Data [Guest Post by Esther C. Nolton]

Jun 13th, 2019 / Data Visualization

Esther C. Nolton attended one of my data visualization workshops in May 2019, and almost immediately followed up with examples ...



Ann K Emery's Workshop:

Ann(e) C Bendelow 'Lite Edition!

Same Name, Shorter Content





Overview

- Review 4 concepts from Ann's technical advising to apply here at Lurie Children's:
 - √ Choose the Right Chart
 - **✓ De-Clutter**
 - **✓ Clarify with Color**
 - **✓ Clarify with Text**
- Before & After examples, Lurie Style!



PIGS IN SPACE: EFFECT OF ZERO GRAVITY AND AD LIBITUM FEEDING ON WEIGHT GAIN IN CAVIA PORCELLUS



SPACEEXES

ABSTRACT:

One ignored benefit of space travel is a potential elimination of obesity, a chronic problem for a growing majority in many parts of the world. In theory, when an individual is in a condition of zero gravity, weight is eliminated. Indeed, in space one could conceivably follow ad libitum feeding and never even gain an gram, and the only side effect would be the need to upgrade one's stretchy pants("exercise pants"). But because many diet schemes start as very good theories only to be found to be rather harmful, we tested our predictions with a longterm experiment in a colony of Guinea pigs (Cavia porcellus) maintained on the International Space Station. Individuals were housed separately and given unlimited amounts of high-calorie food pellets. Fresh fruits and vegetables were not available in space so were not offered. Every 30 days, each Guinea pig was weighed. After 5 years, we found that individuals, on average, weighed nothing. In addition to weighing nothing, no weight appeared to be gained over the duration of the protocol. If space continues to be gravity-free, and we believe that assumption is sound, we believe that sending the overweight - and those at risk for overweight - to space would be a lasting cure.

Colin B. Purrington 6673 College Avenue, Swarthmore, PA 19081 USA

INTRODUCTION:

The current obesity epidemic started in the early 1960s with the invention and proliferation of elastane and related stretchy fibers, which released wearers from the rigid constraints of clothes and permitted monthly weight gain without the need to buy new outfits. Indeed, exercise today for hundreds of million people involve only the act of wearing stretchy pants in public, presumably because the constrictive pressure forces fat molecules to adopt a more compact tertiary structure (Xavier 1965).

Luckily, at the same time that fabrics became stretchy, the race to the moon between the United States and Russia yielded a useful fact; gravity in outer space is minimal to nonexistent. When gravity is zero, objects <u>cease</u> to <u>have weight</u>. Indeed, early astronauts and cosmonauts had to secure themselves to their ships with seat belts and sticky boots. The potential application to weight loss was noted immediately, but at the time travel to space was prohibitively expensive and thus the issue was not seriously pursued. Now, however, multiple companies are developing cheap extra-orbital travel options for normal consumers, and potential travelers are also creating news ways to pay for products and services that they cannot actually afford. Together, these factors open the possibility that moving to space could cure overweight syndrome quickly and permanently for a large number of humans.

We studied this potential by following weight gain in Guinea pigs, known on Earth as fond of ad libitum feeding. Guinea pigs were long envisioned to be the "Guinea pigs" of space research, too, so they seemed like the obvious choice. Studies on humans are of course desirable, but we feel this current study will be critical in acquiring the attention of granting agencies.

MATERIALS AND METHODS

One hundred male and one hundred female Guinea pigs (Cavia porcellus) were transported to the International Space Laboratory in 2010. Each pig was housed separately and deprived of exercise wheels and fresh fruits and vegetables for 48 months. Each month, pigs were individually weighed by ductaping them to an electronic balance sensitive to 0.0001 grams. Back on Earth, an identical cohort was similarly maintained and weighed. Data was analyzed by statistics.

RESULTS:

Mean weight of pigs in space was 0.0000 ±/- 0.0002 g. Some individuals weighed less than zero, some more, but these variations were due to reaction to the duct tape, we believe, which caused them to be alarmed push briefly against the force plate in the balance. Individuals on the Earth, the control cohort, gained about 240 g/month (p = 0.0002). Males and females gained a similar amount of weight on Earth (no main of effect of sex), and size at any point during the study was related to starting size (which was used as a covariate in the ANCOVA). Both Earth and space pigs developed substantial dewlaps (double chins) and were lethargic at the conclusion of the study.

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CONCLUSIONS:

Our view that weight and weight gain would be zero in space was confirmed. Although we have not replicated this experiment on larger animals or primates, we are confident that our result would be mirrored in other model organisms. We are currently in the process of obtaining necessary human trial permissions, and should have our planned experiment initiated within 80 years, pending expedited review by local and Federal IRBs.

ACKNOWLEDGEMENTS:

I am grateful for generous support from the National Research Foundation, Black Hole Diet Plans, and the High Fructose Sugar Association. Transport flights were funded by SPACE-EXES, the consortium of wives divorced from insanely wealthy space-flight startups. I am also grateful for comments on early drafts by Mañana Athletic Club, Corpus Christi, USA. Finally, sincere thanks to the Cuy Foundation for generously donating animal care after the conclusion of the study.

LITERATURE CITED:

NASA. 1982. Project STS-XX: Guinea Pigs. Leaked internal memo.

Sekulić, S.R., D. D. Lukač, and N. M. Naumović. 2005. The Fetus Cannot Exercise Like An Astronaut: Gravity Loading Is Necessary For The Physiological Development During Second Half Of Pregnancy. Medical Hypotheses. 64:221-228

Xavier, M. 1965. Elastane Purchases Accelerate Weight Gain In Case-control Study. Journal of Obesity. 2:23-40.



O*-Benzylguanine Inhibits Tamoxifen Resistant Breast Cancer Cell Growth and Resensitizes Breast Cancer Cells to Anti-Estrogen Therapy

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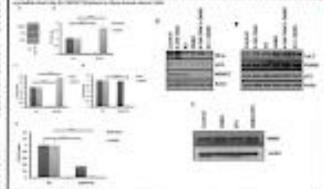
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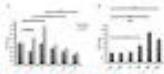
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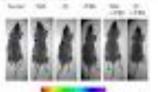
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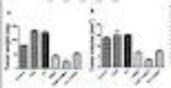
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ACADEMIC RESEARCH POSTER TEMPLATE

Subtitle for Academic Research Poster (48x36 inches)

Your names and the names of the people who contributed to this presentation



Introduction

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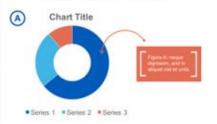
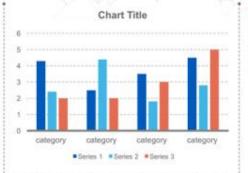




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Results

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Graphic Elements



References

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Thoughtful data visualization: Why does it matter?





Less energy required for reading graphs

More energy reserved for making decisions based on that data



And your data deserves to be out in the world: Utilized. Actionable. Talked about

Choose the Right Chart

Choose the Right Chart

Selecting visualizations that fit your data and tell your story



Choose the Right Chart

What information do you want your data to show?

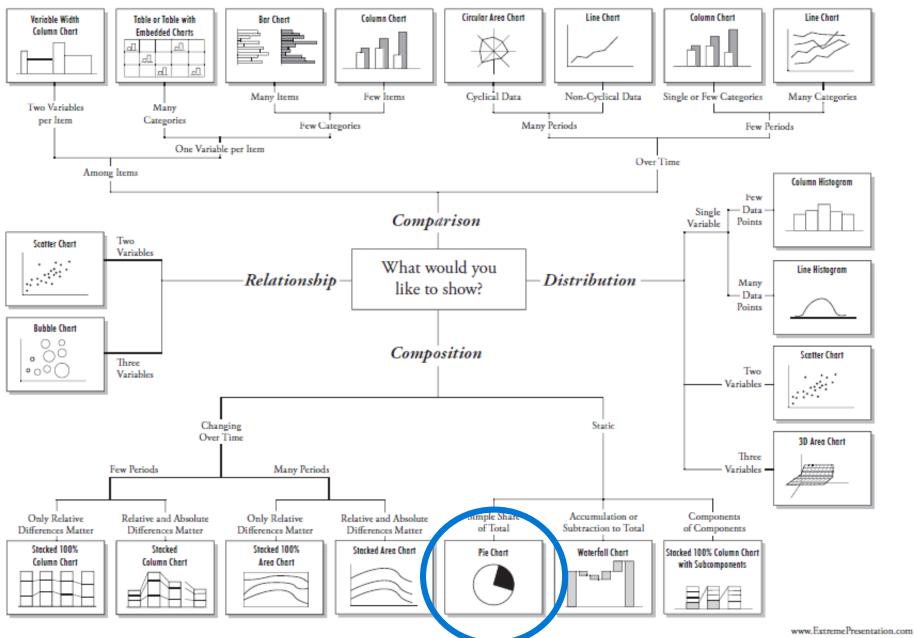
Comparison

Distribution

Relationship

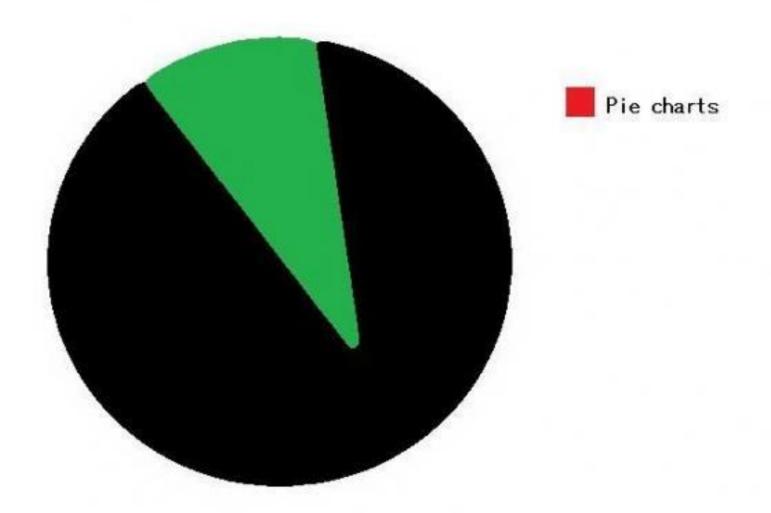
Composition

Chart Suggestions—A Thought-Starter





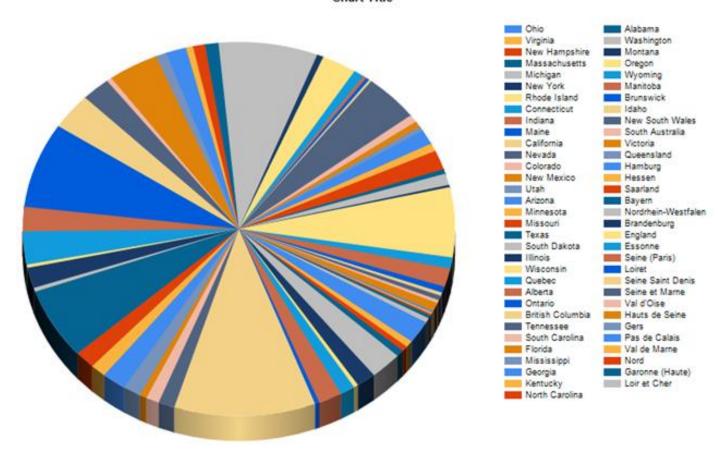
Things I don't understand





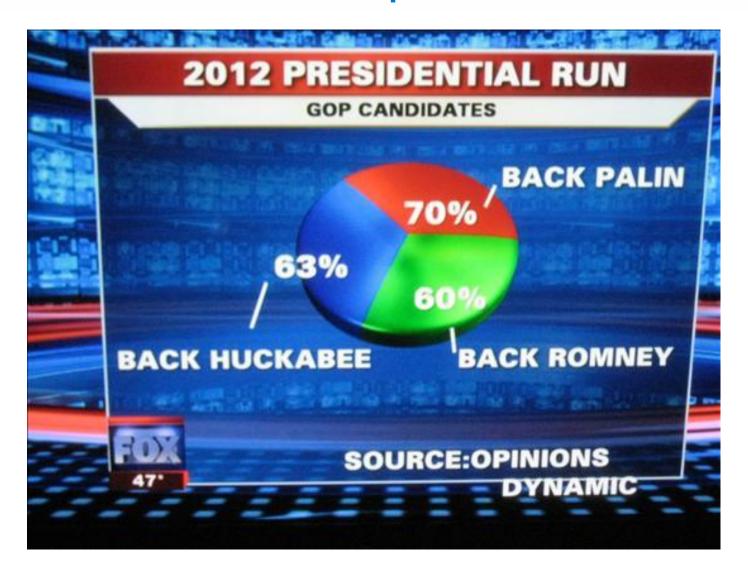
Do pie charts deserve their bad reputation?







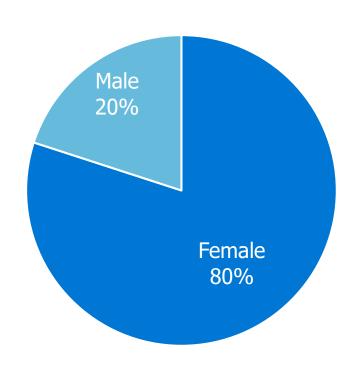
Pie-chart Fails: Ubiquitous





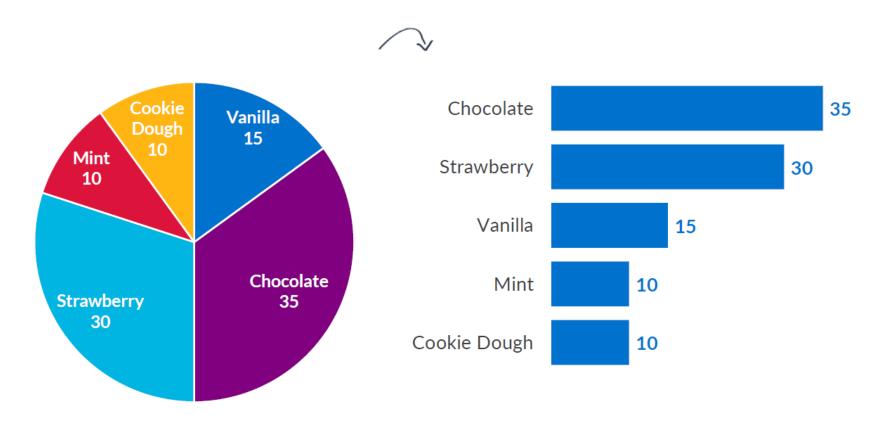
Pies and Donut Chart Rules

- ✓ Well-formatted
 - **√** 2-D
 - ✓ No exploding slices
 - ✓ No leader lines or legends
- ✓ Nominal/ categorical data
- ✓ Everything adds to 100%
- ✓ No negative percentages
- ✓ Displays a single point in time
- ✓ 2-3 different slices max
- ✓ 1 pie at a time



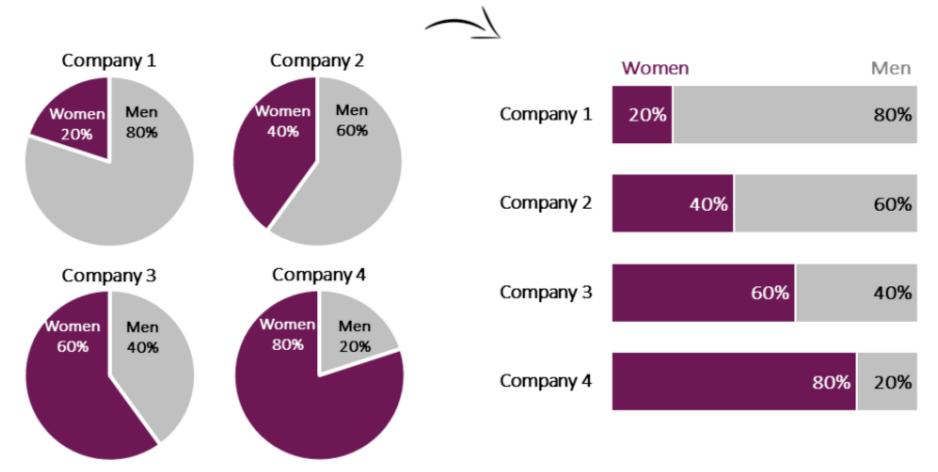


If you have more than 3 slices, swap in a bar chart and order the bars from greatest to least





Use a small multiples stacked bar chart-Much easier to read and compare.

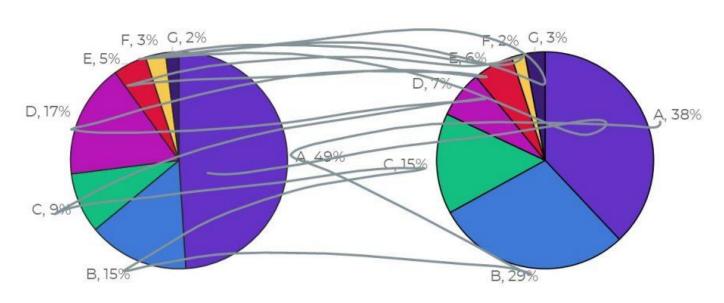




ABC-Funded Research



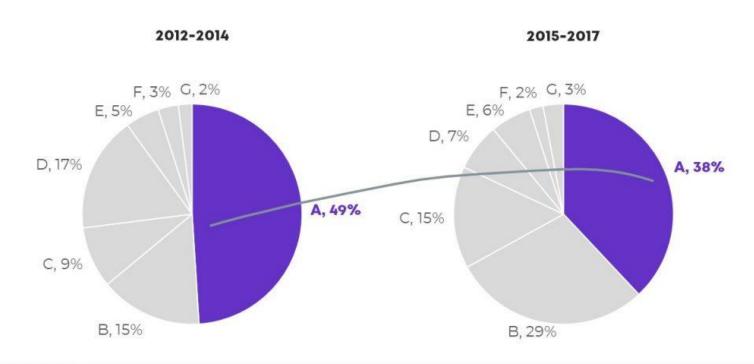
ABC-Funded Research Projects by Topic, 2015-2017



depict data studio

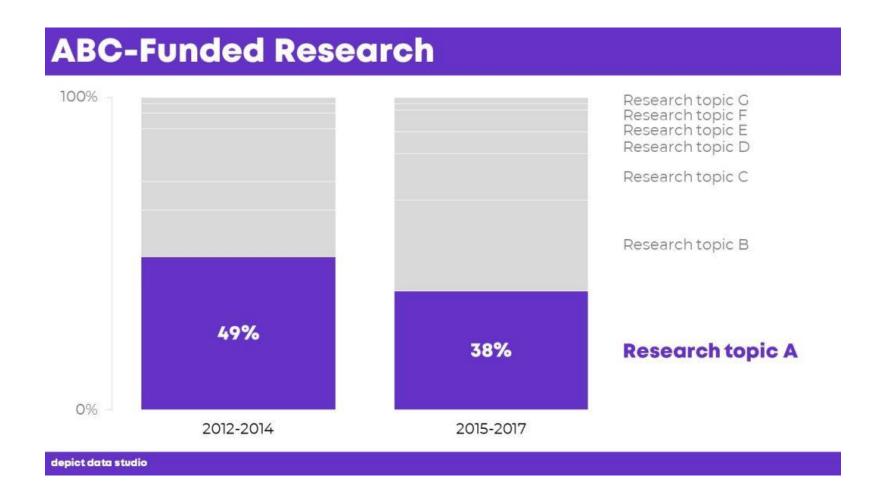


ABC-Funded Research

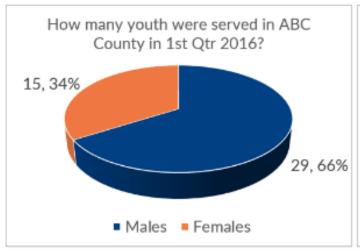


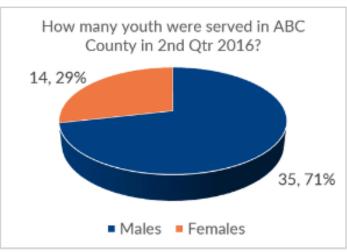
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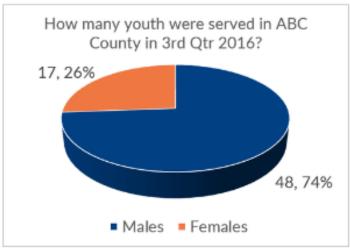


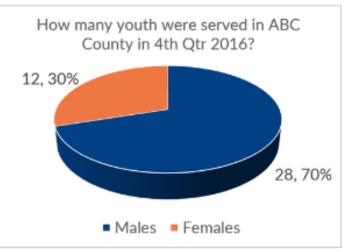








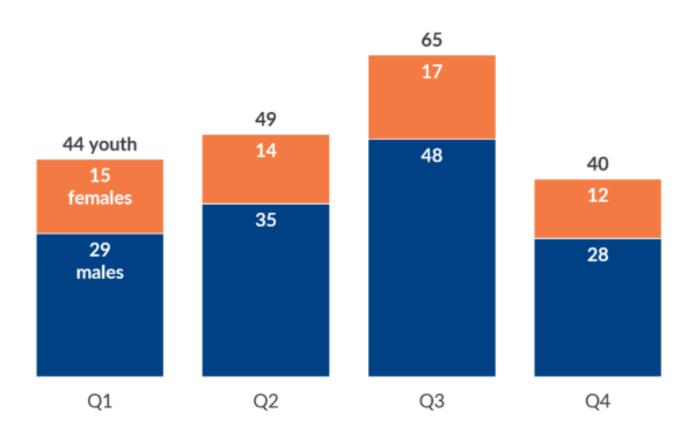






For displaying multiple points in time

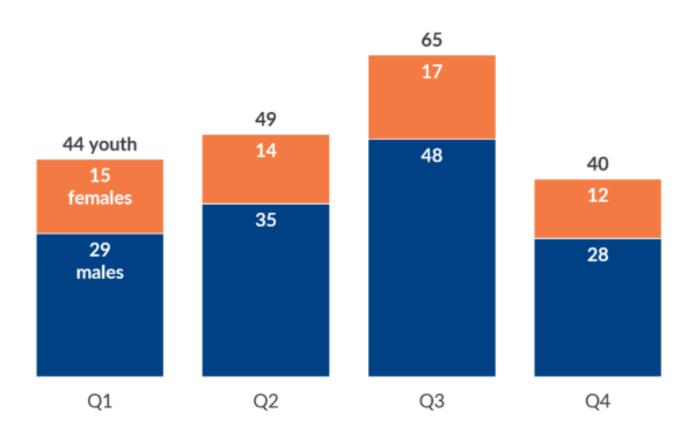
How many youth were served in ABC County each quarter?



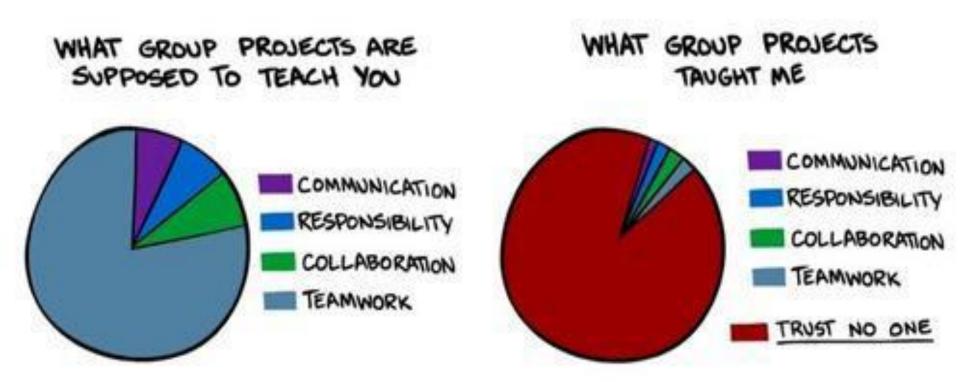


For displaying multiple points in time

How many youth were served in ABC County each quarter?









Chose the Right Chart

- Consider your message
- Consider your audience
- Graph is not always the best option
 - Does this display my idea better than a table or words?
 - A visualization should improve your communication- not confuse
- More than 1 "correct" option to display data
 - Choosing the wrong type of chart can mislead your audience



Improving a table: How can we better tell this data's story?

Households Served in the ABC Program					
County	County 1	County 2	Total		
September	107	182	289		
October	109	173	282		
November	135	156	291		
December	148	153	301		



Same data, many options: (a better) **Table**

Households served

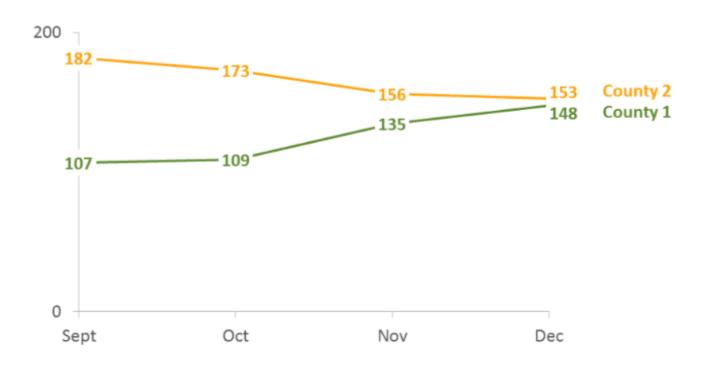
County	Sept	Oct	Nov	Dec
County 1	107	109	135	148
County 2	182	173	156	153
Total	289	282	291	301



Same data, many options: Line graph

Households served

We provided services to fewer households in County 2 (182 families in September vs. 153 by December) and more households in County 1 (107 in September vs. 148 by December).

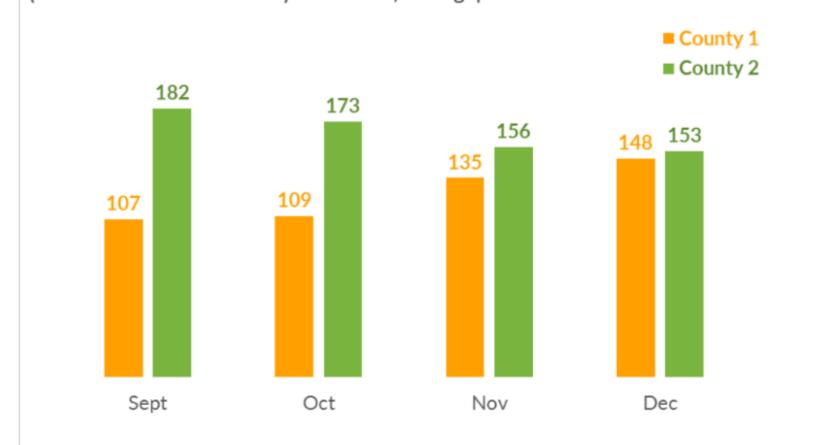




Same data, many options: Clustered column

Households served

In September, we were serving more families in County 2 than in County 1 (182 vs. 107 households By December, that gap had shrunk.

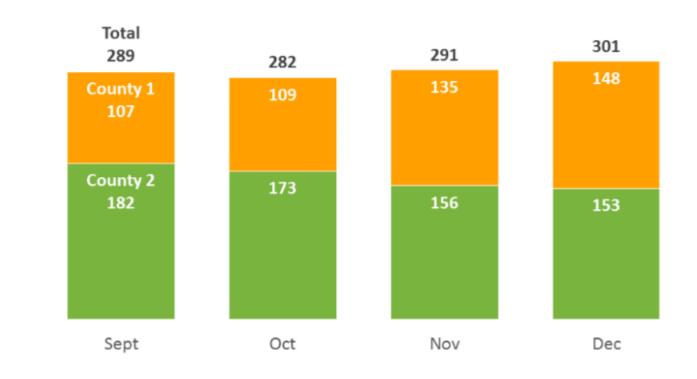




Same data, many options: Stacked column

Households served

The proportion of families served in County 1 increased while the proportion of families served in County 2 decreased. The total number of households increased slightly, from 289 in September to 301 in December.

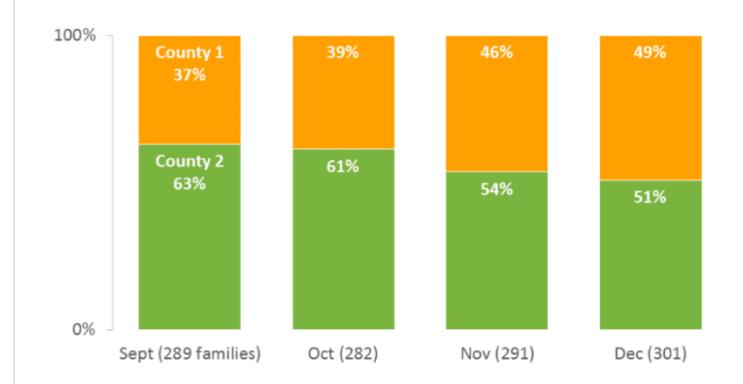




Same data, many options: Stacked 100% column

Households served

The proportion of families served in County 1 increased while the proportion of families served in County 2 decreased.





Chose the Right Chart

Resources

https://depictdatastudio.com/charts/

https://datavizcatalogue.com/search.html

De-Clutter!

De-Clutter!

Declutter your visualization so that viewers can focus on what matters- the data

Remove to improve (the data-ink ratio)

Ann & Robert H. Lurie Children's Hospital of Chicago

De-Clutter Checklist:

- ✓ Remove borders
- ✓ Remove tick marks and leader lines
- ✓ Remove 3D/ special effects
- ✓ Remove background fills
- ✓ Remove decorative clip-art
- ✓ Consolidate Redundant Text
- ✓ Label Sparingly
 - Label the axis or the individual data points- but not both
- ✓ Label directly
 - Delete the legend and place labels directly beside or on top of data

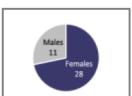


Client Demographics: All Were Formerly Homeless and 1/3 are Victims of Domestic Violence

BAES collects background information on clients during screening interviews with clients, during screening interviews with case managers, and from Bridging Affordability's existing database.

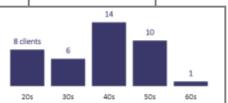
Gender

BAES serves both men and women. Nearly three-quarters of the clients have been women.



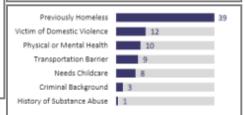
Age Ranges

Clients have ranged from 22 to 62 years old; the average client is in their early-40s.



Barriers to Employment

All of the clients were previously homeless and one-third are victims of domestic violence. Some of the clients deal with physical disabilities, mental health issues, cognitive issues, past substance abuse.



Educational Levels

Clients have a range of educational levels. Degrees come from institutions in Bangladesh, Cuba, Japan, and Sudan, as well as from Northern Virginis Community College and Strayer University, among others.



2

Bridging Affordability Employment Services

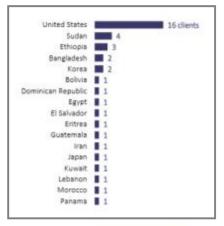
Races and Ethnicities

Of the 39 clients served during the pilot period, 16 were African American/Black, 5 were Asian, 15 were Caucasian/ White, 1 was multi-racial, and 1 identified as another race. Six of the 39 people also identified as Hispanic.

Races and Ethnicities	Hispanic	Not Hispanic	Total
African American/Black	1	15	16
Asian	- 2	5	5
Caucasian/White	5	10	15
Multi-racial	-	1	1
Other	1	1	2
Total	6	52	39

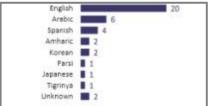
Countries of Birth

Clients represent 17 different countries. Sixteen of the 39 clients are US-born while the remaining 2: were born outside of the United States, Clients come from Ethiopia, Sudan, Bangladesh, Korea, Bolivia, the Dominican Republic, Egypt, El Salvador, Eritrea, Guatemala, Iran, Japan, Kuwart, Lebenon, Morocco, and Panama.



Primary Languages

English is not the primary language for half the clients. Clients' primary, languages include Arabic, Spanish, Amharic, and others. BAES has helped several clients enroll in English classes to improve their reading, writing, speaking, and pronunciation skills.



Bridging Affordability Employment Services

8



Client Demographics: All Were Formerly Homeless and 1/3 are Victims of Domestic Violence

BAES collects background information on clients during screening interviews with clients, during screening interviews with case managers, and from Bridging Affordability's existing database.

Gender

BAES serves both men and women. Nearly three-quarters of the clients have been women.

Age Ranges

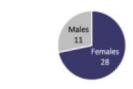
Clients have ranged from 22 to 62 years old; the average client is in their early-40s.

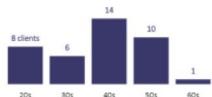
Barriers to Employment

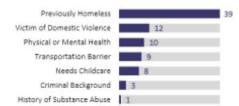
All of the clients were previously homeless and one-third are victims of domestic violence. Some of the clients deal with physical disabilities, mental health issues, cognitive issues, past substance abuse.

Educational Levels Clients have a range of

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15 clients 7 10 7 5 1 HS diploma Associate's Bachelor's Master's Doctorate or GED

2

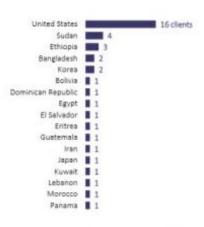
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Total	Not Hispenic	Hispanic	Races and Ethnicities
16	15	1	African American/Black
5	5		Asian
15	10	5	Caucasian/White
1	1		Multi-racial
2	1	1	Other
39	32	6	Total

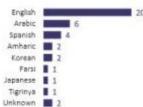
Countries of Birth

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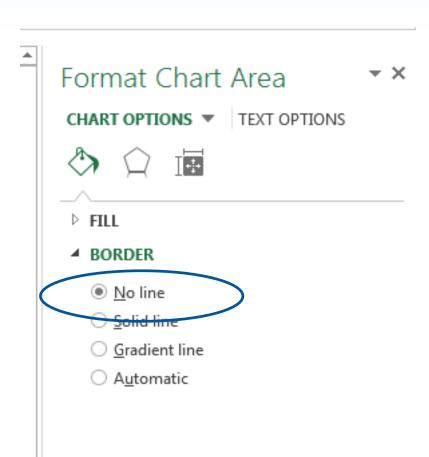
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- From the graph as a whole
- From the segments within the graph (e.g., stacked bar charts get outlined in white)
- From tables





Decluttering also applies to tables!

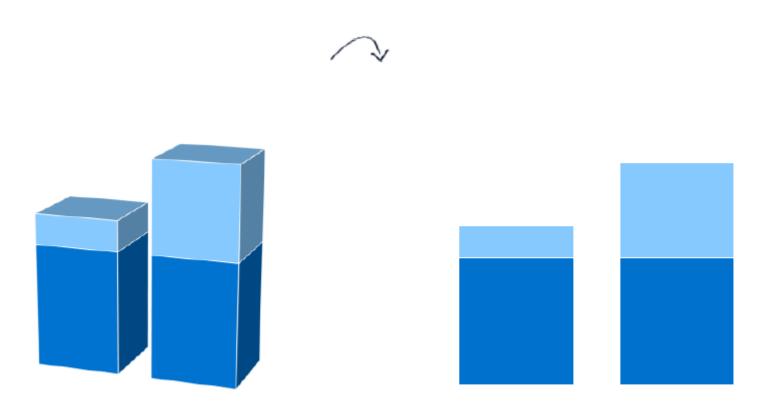
Households Served in the ABC Program				
County	County 1	County 2	Total	
September	107	182	289	
October	109	173	282	
November	135	156	291	
December	148	153	301	



County	September	October	November	December
County 1	107	109	135	148
County 2	182	173	156	153
Total	289	282	291	301

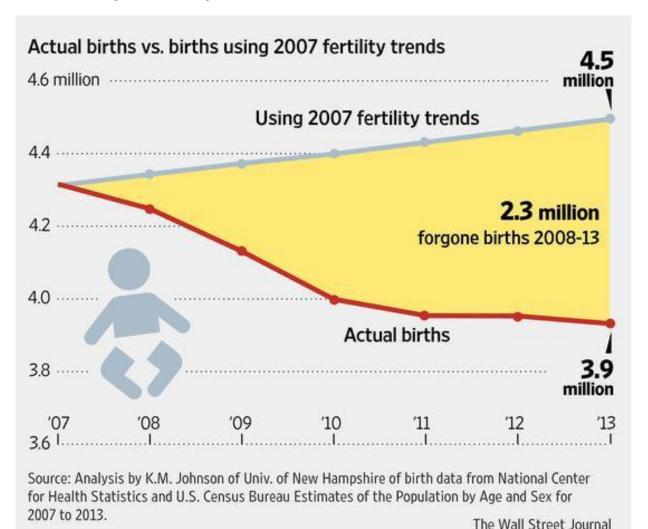


Any 3D elements or "special effects", **bolded**, <u>underline</u>, or *italic* text





Decorative clip-art / pictures

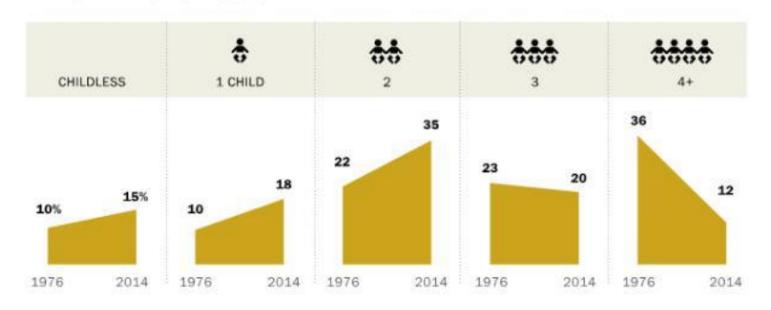




But, you may add icons that support interpretation

The Rise of the Two-Child Family, and the Decline of the Four-Child Family

Share of women ages 40 to 44, by children ever born



Note: A new working paper suggests that Current Population Survey estimates of childlessness may have been somewhat too large until 2012, when the Census Bureau implemented new editing rules. See "About the Data" for more details.

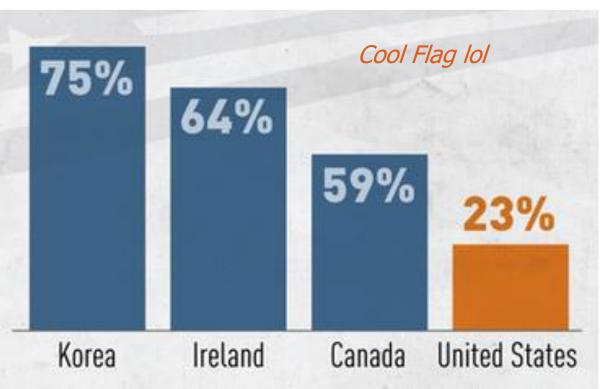
Source: Pew Research Center analysis of Current Population Survey June Supplements



U.S. teachers' salary growth lags behind other nations

Elementary school teacher salary growth over 15 years

Center for American Progress



Source: Center for American Progress, "Mid- and Late-Career Teachers Struggle With Paltry Incomes."

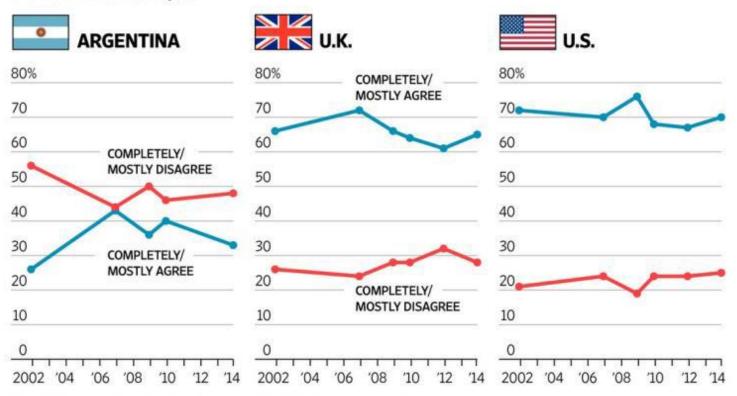


Icons that support interpretation

Keeping the Faith

Despite the global financial crisis, support for free markets has changed little in most countries.

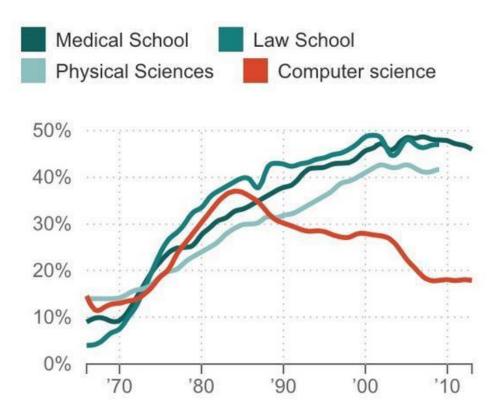
'Most people are better off in a free-market economy, even though some people are rich and some are poor'



Note: All figures are for spring of each year except for 2002 which is a summer figure Source: Pew Research Center



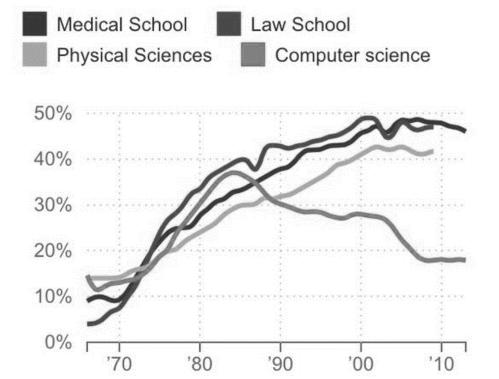
What Happened To Women In Computer Science?





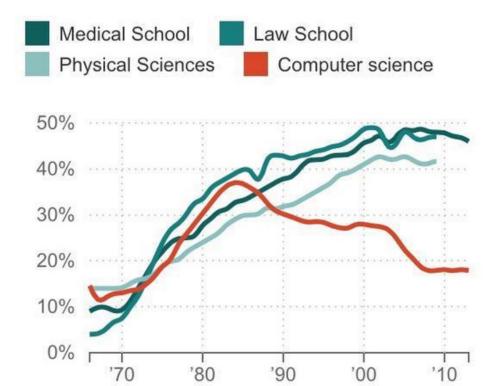
Legends create even more problems when printed in grayscale

What Happened To Women In Computer Science?



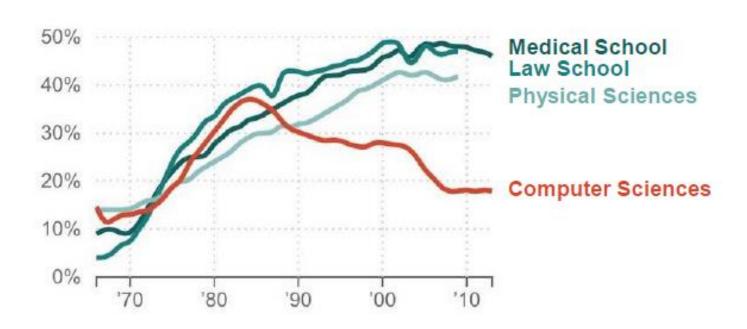


What Happened To Women In Computer Science?



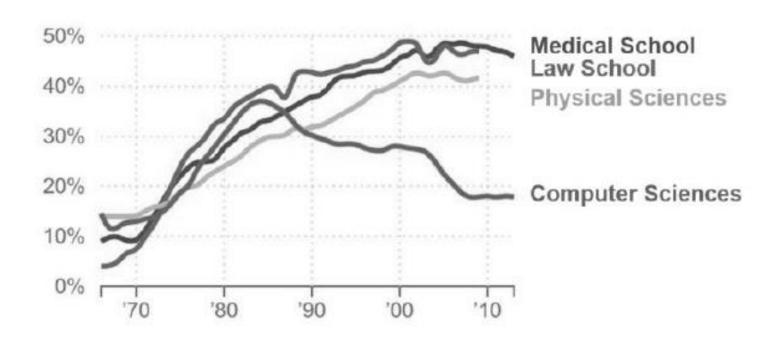


What Happened To Women In Computer Science?





What Happened To Women In Computer Science?

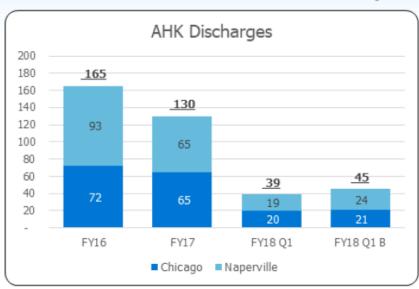


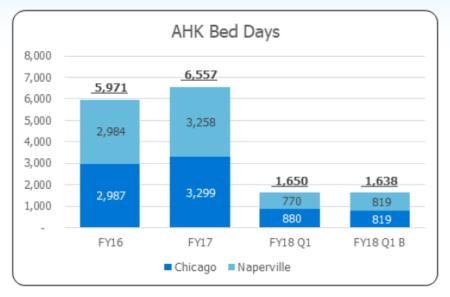


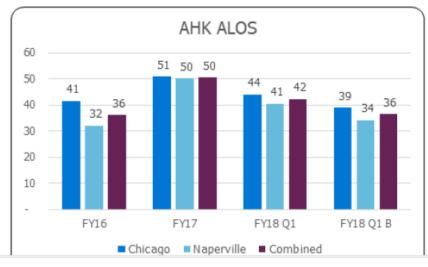
Remove Redundant Labels

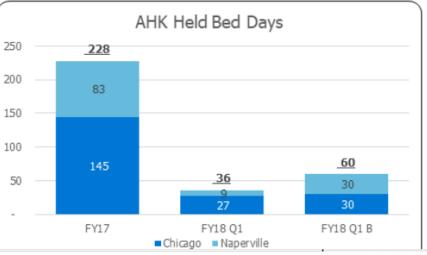
Ann & Robert H. Lurie Children's Hospital of Chicago

Almost Home Kids – Key Statistics









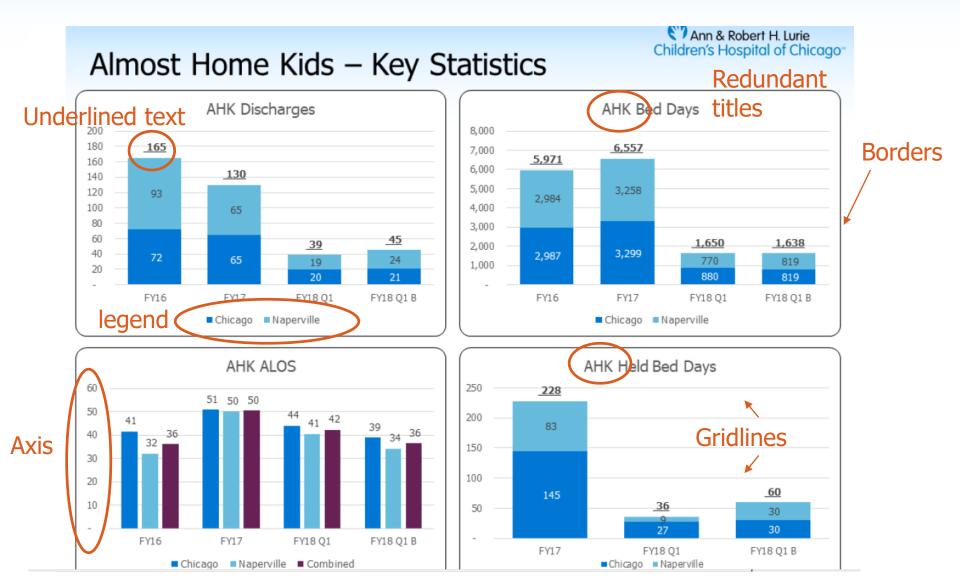
Ann & Robert H. Lurie Children's Hospital of Chicago

De-Clutter Checklist:

- ✓ Remove borders
- ✓ Remove tick marks and leader lines
- ✓ Remove 3D/ special effects
- ✓ Remove background fills
- ✓ Remove decorative clip-art
- ✓ Consolidate Redundant Text
- ✓ Label Sparingly
 - Label the axis or the individual data points- but not both
- ✓ Label directly
 - Delete the legend and place labels directly beside or on top of data



Remove Redundant Labels



Ann & Robert H. Lurie Children's Hospital of Chicago

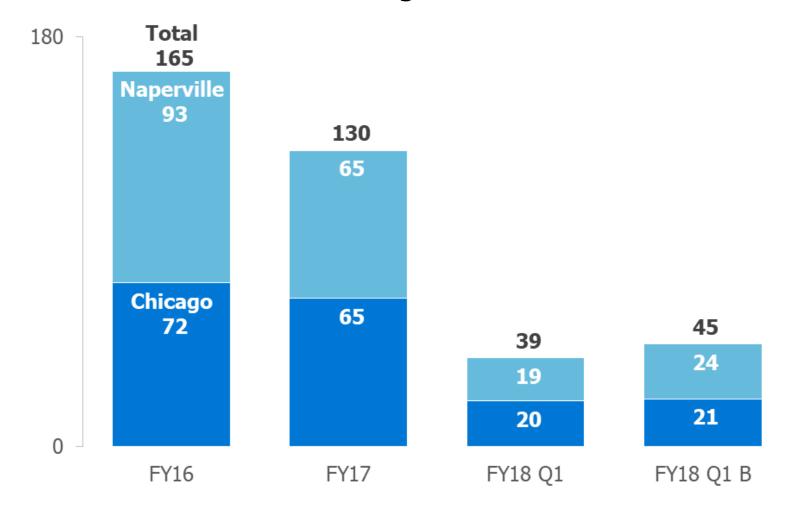
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 - Delete the legend and place labels directly beside or on top of data

De-cluttered example



Almost Home Kids: Discharges



Clarify with Color

Clarify with Color

Color can enhance branding and understanding, & to guide viewers to the most important pieces of the graph



Clarify with Color

- ✓ Brand visuals with custom colors, consistent color palettes
- ✓ Ensure legibility in grayscale- printer friendly
- ✓ Select distinguishable colors to people with color vision deficiencies (avoid red/green combinations!) Link to simulator check
- ✓ Ensure sufficient foreground/background contrast
- ✓ Color-code strategically and meaningfully

Match Colors to Branding



Ann & Robert H. Lurie
Children's Hospital of Chicago

Find A Doctor | Request An Appointment | Locations & Directions For Appointments: 1.800.KIDS DOC®



All, for your one.

Search Lurie Children's

Q

Care & Services

Research Innovation

For Healthcare Professionals

Community

Get Involved



Top-ranked pediatric care. **All for Luke.**

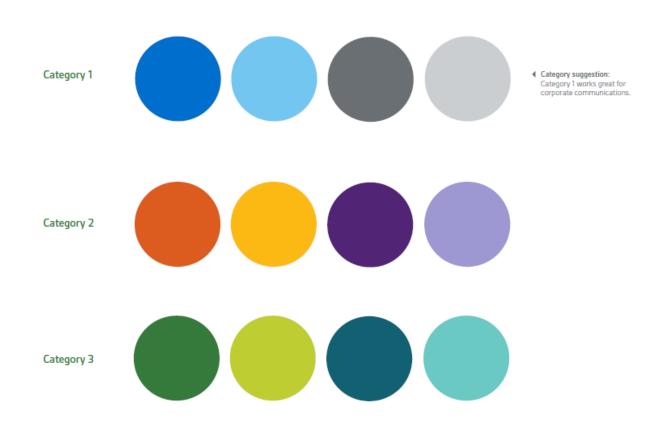
See Luke's Story I would like to... Find a Doctor Request an Appointment Find Locations

Match Colors to Branding



Color: Categories

The Lurie Children's brand palette is divided into three categories of color. When designing a piece of communication, stick within one color category per piece.





Ensure Legibility for Color Blindness

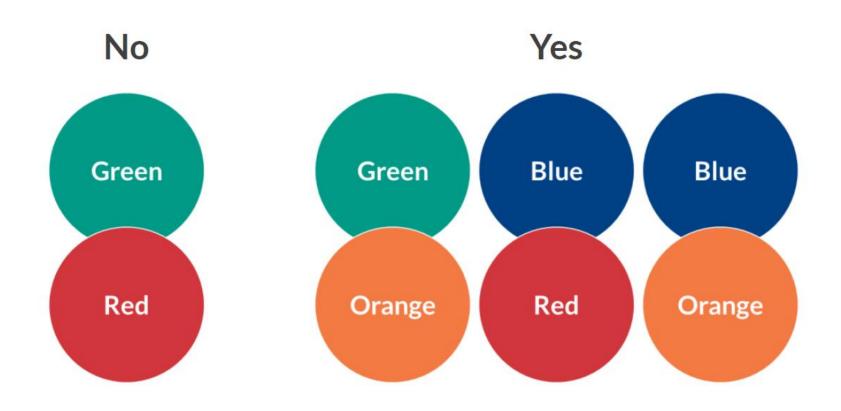


Ensure Legibility for Color Blindness





Ensure Legibility for Color Blindness





Binary	No		Yes	
Sequential	1	2	3	4
Diverging	Strongly Disagree	Disagree	Agree	Strongly Agree
Categorical	Apples	Oranges	Bananas	Pineapples
Highlight				
Warning!				



Stereotyping in Europe

EU nation most likely to be named ...

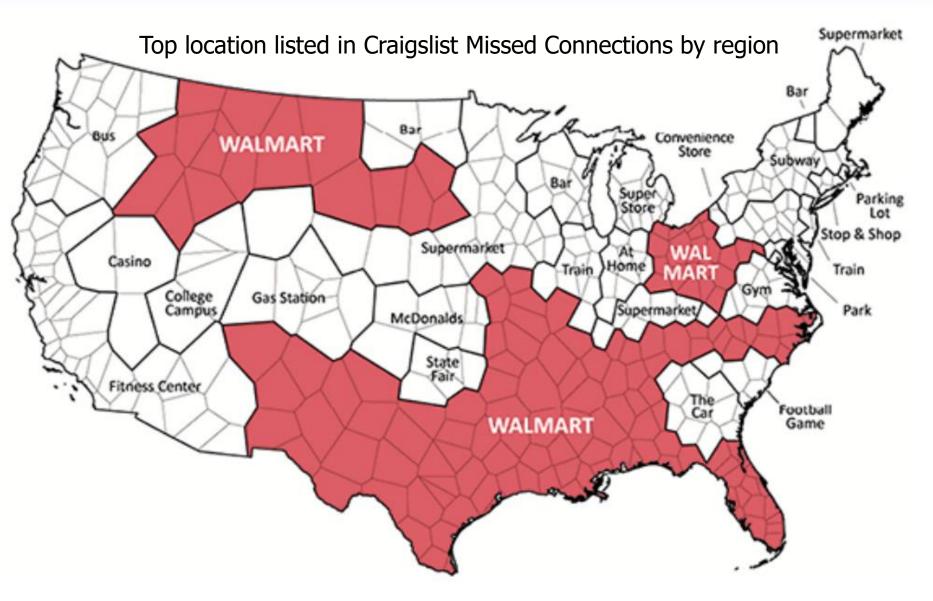
Use color to draw attention to or highlight certain findings

Views in:	Most Hardworking	Most Trustworthy	Least Hardworking	Least Trustworthy
Britain	Germany	Germany	Greece	France
France	Germany	Germany	Italy	Greece
Germany	Germany	Germany	Greece	Greece/Italy
Italy	Germany	Germany	Romania	Italy
Spain	Germany	Germany	Greece	Italy
Greece	Greece	Greece	Italy	Germany
Poland	Germany	Germany	Greece	Germany
Czech Rep.	Germany	Germany	Greece	Greece

Source: Spring 2012 and Spring 2013 Global Attitudes surveys.

PEW RESEARCH CENTER









STATE PROFILE - VIRGINIA

Potential Beneficiaries in 2016

In Virginia, there were 477,800 pregnant women and families with children under 6 years old not yet in kindergarten who could benefit from home visiting. These families included 601,200 children.

< 1 year 98,800

601,200 children

could benefit from home visiting

477,800 families

could benefit from home visiting

Of the 601,200 children who could benefit-

Toddlers	Preschoolers	
1-2 years	3-5 years	
203,000	299,500	
34%	50%	

Many home visiting services are geared toward particular subpopulations. The NHVRC estimated the percentage of families who could benefit in Virginia



Of the 477,800 families who could benefit-



Notes Public Insurance includes Medicaid, CHEP, and Th-Care. * Low Income is defined as family income below the federal powerty threshold. Single mothers include single, new-versaried mothers or pregnant women. * EHS data may be underreported. These data include EHS programs providing home-based services only, but not programs that provide both home-based and center-based services. ENS race, ethnicity, and primary language data include children and programs that provide both home-based and center-based services. ENS race, ethnicity, and primary language data include children and programs caregivers. EHS does not report home visits or families served. The number of children served was included as a proxy for families served. * HFA reports primary language of caregivers. * HFPPP public insurance size includes Early and Periodic Screening. Diagnotic and Theatment. * NFP includes MISCHV and non-MISCHV data for children served, families served, and home visits. All other data reflect participants receiving NFP services through MISCHV funding only. * PAT reports race and ethnicity of children. PAT does not report child insurance status.

The NAVIRC is led by James Bell Associates in pertnership with the Urban Institute. Support is provided by the Haising-Storms Foundation and the Robert Wlood Johnson Foundation. The Views supressed have do not necessarily reflect the Views of the foundations. For datalis about the methodology, see the Data Supplement to the 2017 Home Visiting Viewfook.



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601,200 children

could benefit from home visiting

Of the 601,200 children who could benefit-

98,800 16%	203,000	299,500 50%
< 1 year	1-2 years	3-5 years
LITTLE CO.	FOR BUILDING S	PTESCHOORETS

477,800 families

could benefit from home visiting Many home visiting services are geared toward particular subpopulations. The NHVRC estimated the percentage of families who could benefit in Virginia



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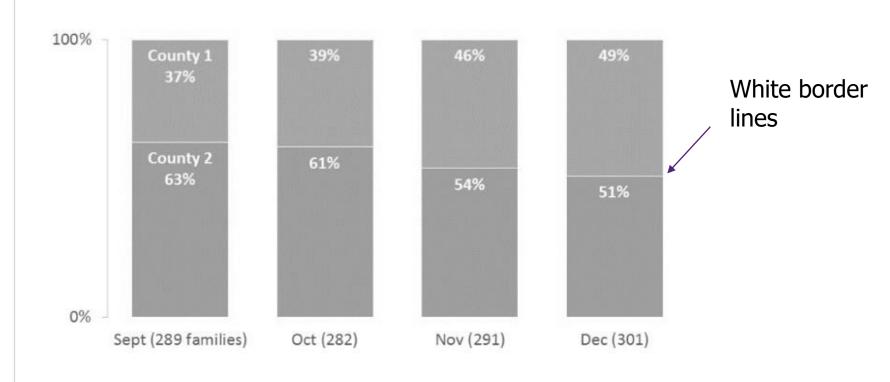




Legibility in Grayscale

Households served

The proportion of families served in County 1 increased while the proportion of families served in County 2 decreased.



Clarify with Text

Clarify with Text

Your graph's title, subtitle, and annotations can strengthen your message



Clarify with Text

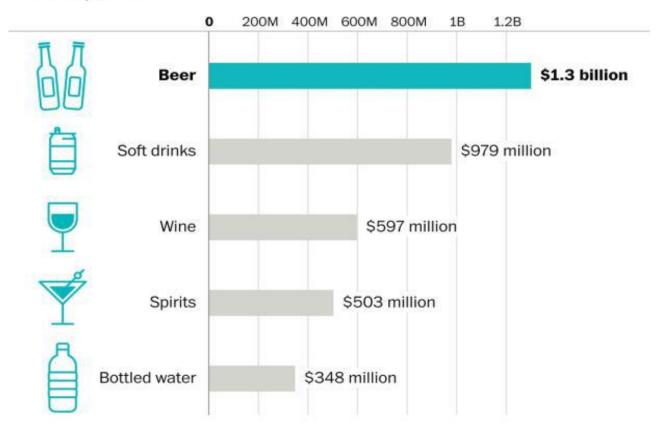
- √ Brand visuals with custom fonts (Tahoma)
- ✓ State the story in the title (6-12 words)
- ✓ Annotate directly when appropriate
- ✓ Establish a text hierarchy
- ✓ Make sure all text is horizontal
- ✓ Left-align titles and subtitles
- ✓ Use ALL CAPS sparingly
- ✓ Measure text readability
- ✓ Round decimals to whole numbers (most of time)



State the story in the title

Americans spent over \$1 billion on beer for Super Bowl 2017

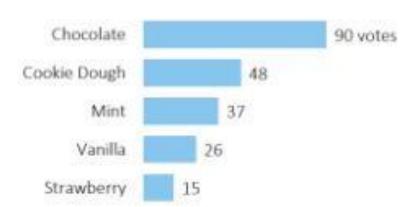
Total dollar sales for beverages in the week leading up to and the week after the Super Bowl.





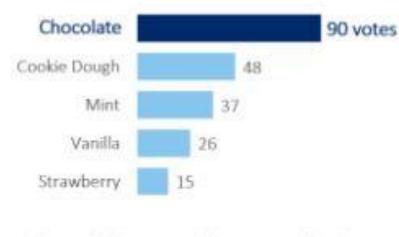
State the story in the title

Ice cream flavor preferences based on 2014 survey of elementary school students (n=216)



or

Chocolate was most popular flavor among elementary students surveyed



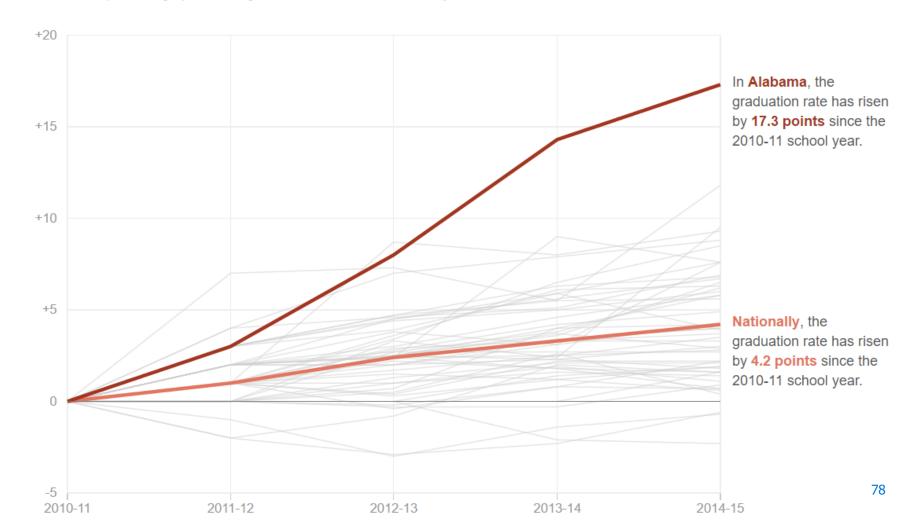
Source: 2014 survey of elementary school students (n=216)



Annotate

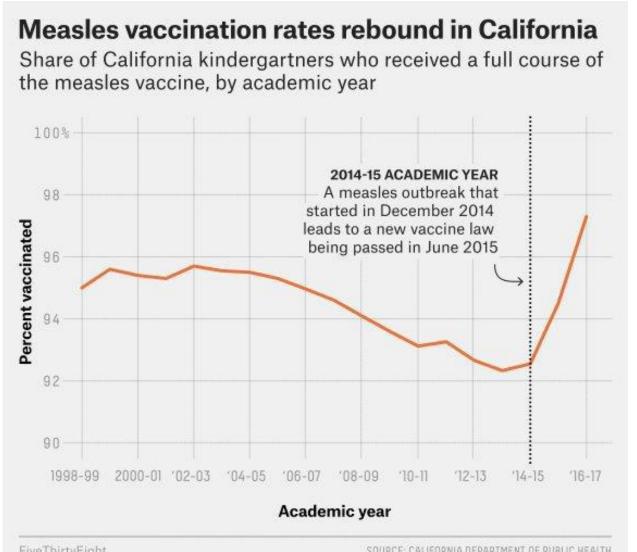
Alabama's Grad Rate Gains Far Outpace Those Of Other States

Cumulative percentage point change since the 2010-2011 school year



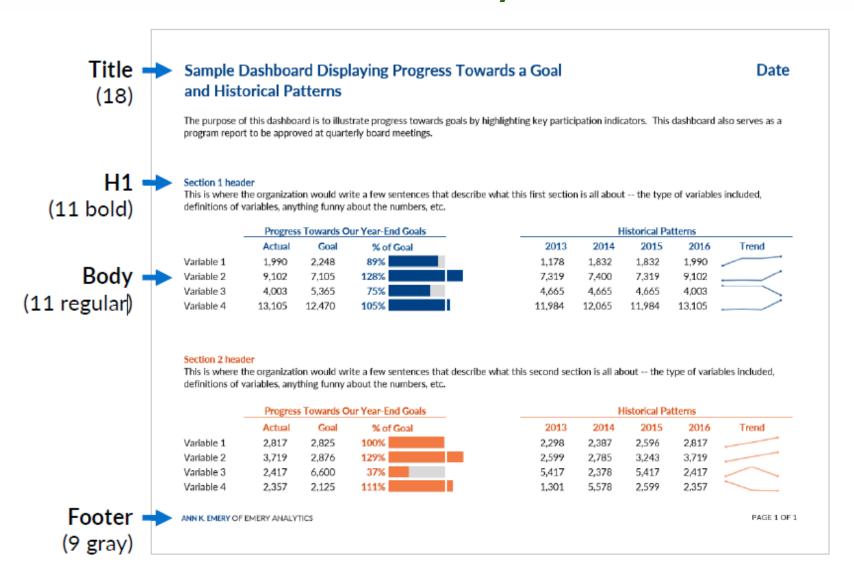


Annotaate

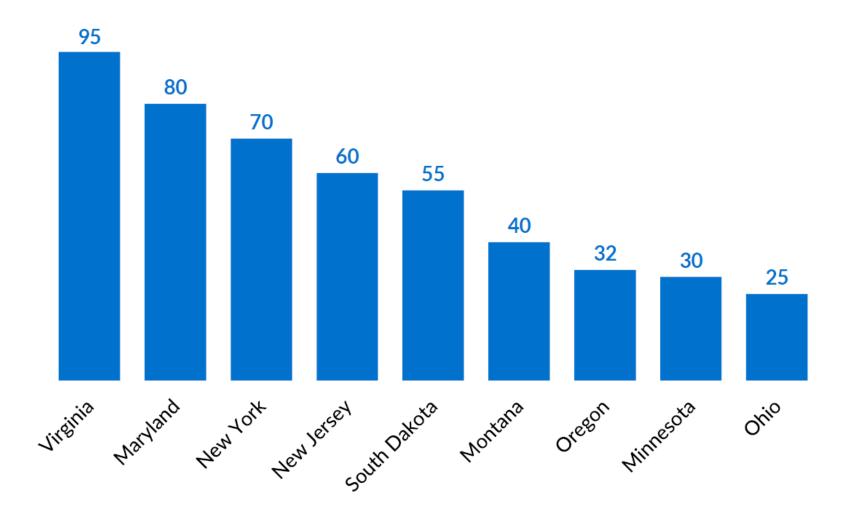




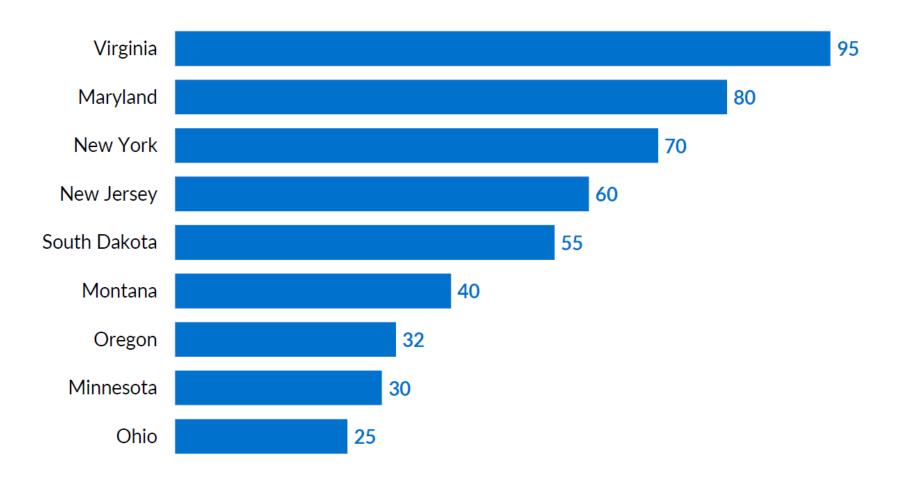
Establish a text hierarchy





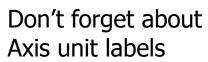


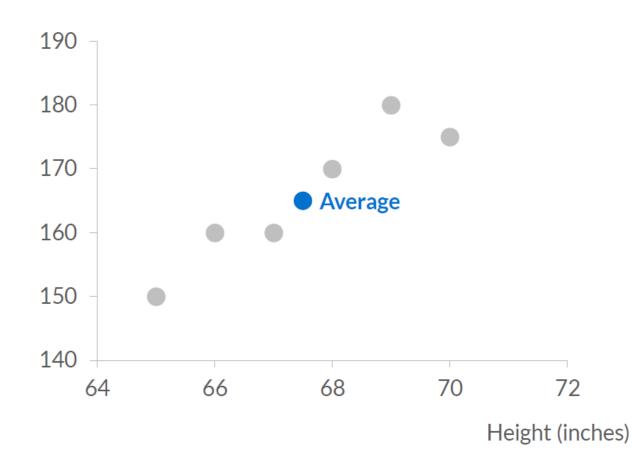




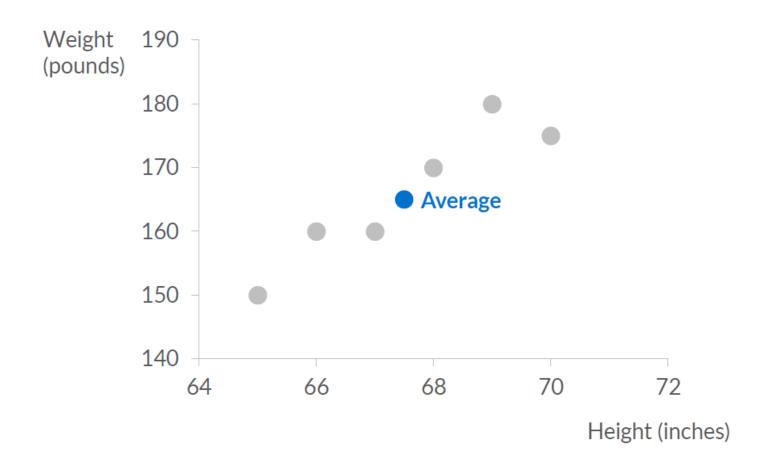


Weight (pounds)





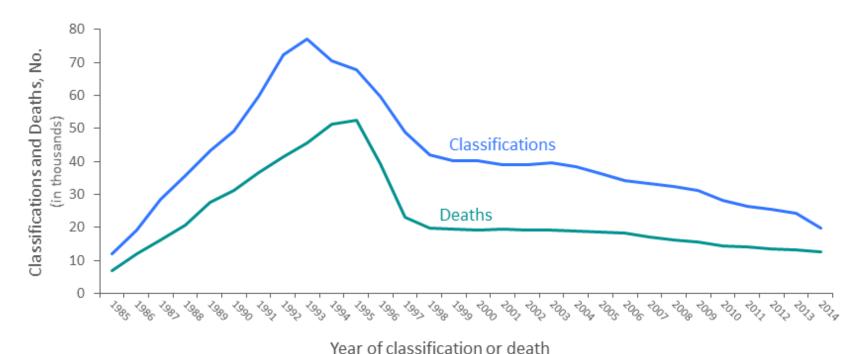






Measure text readability

Stage 3 (AIDS) Classifications and Deaths of Persons with Diagnosed HIV Infection Ever Classified as Stage 3 (AIDS), among Adults and Adolescents, 1985–2014 US and 6 Dependent Areas





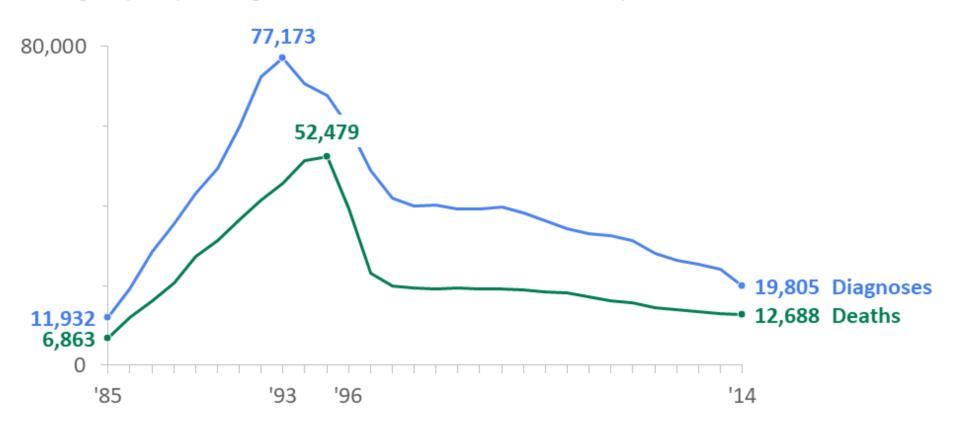
Note. Deaths of persons with HIV infection, stage 3 (AIDS) may be due to any cause.



Measure text readability

AIDS Diagnoses and Deaths

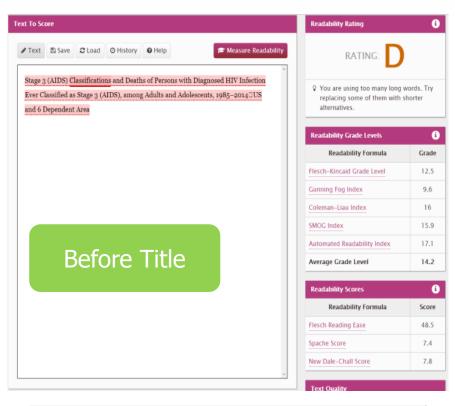
Stage 3 (AIDS) Classifications and Deaths of Persons with Diagnosed HIV Infection Ever Classified as Stage 3 (AIDS), among Adults and Adolescents, US and 6 Dependent Areas

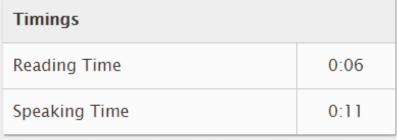


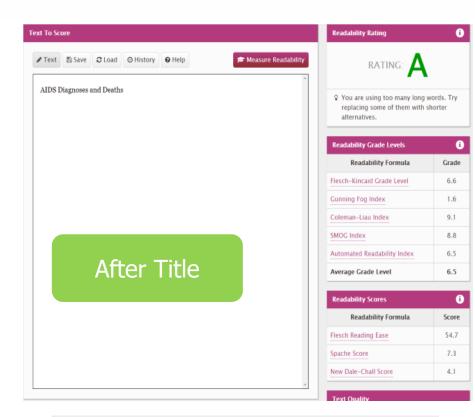


Measure text readability

Readable.io



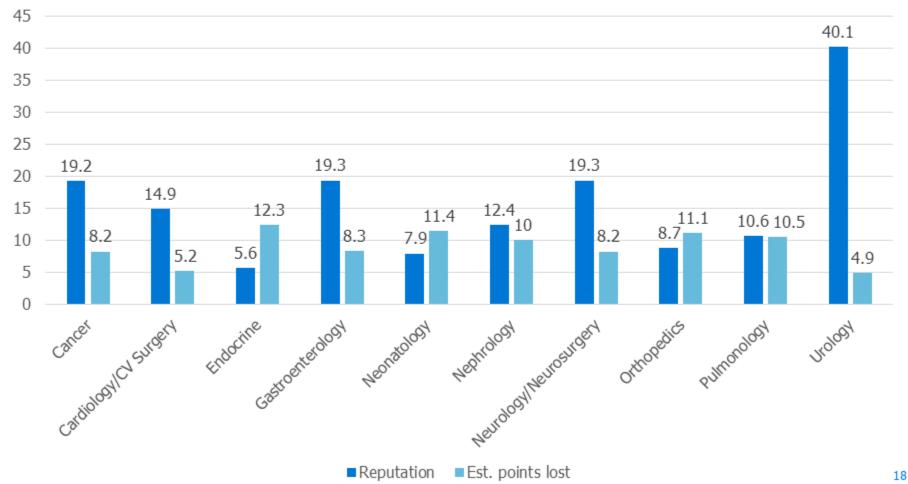




Timings	
Reading Time	0:01
Speaking Time	0:01

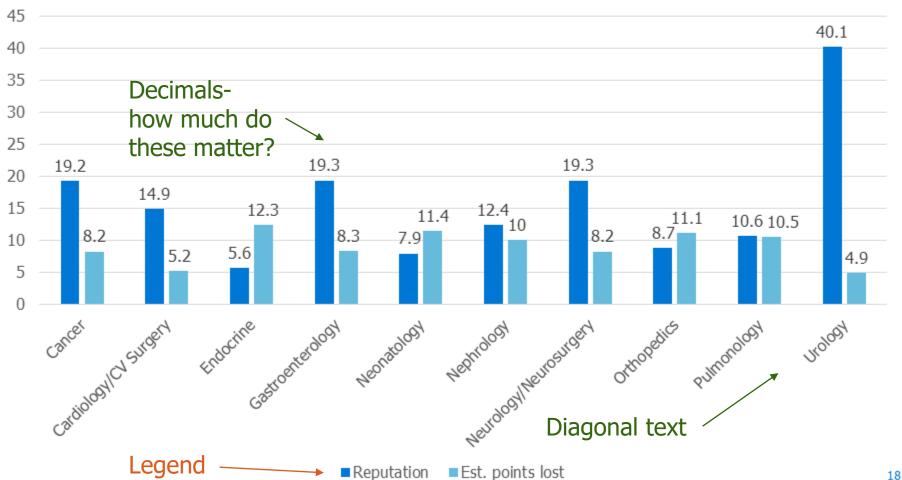


Reputation (% of specialists) and estimated points lost from reputation (weighted % of total score)





Reputation (% of specialists) and estimated points lost from reputation (weighted % of total score) Long/complex title



Your Turn!

Your Turn!

Applying what we learned to improve real-life Lurie Children's examples

Injuries to Illinois and Chicago Youth: Alcohol and Illicit Drugs in Newborns

Screening for noxious influences affecting fetuses or newborns via placenta or breast milk occurs in newborns when the newborn appears sick and/or there are suspicions that the mother used substances. In this Child Health Data Lab Data Brief, we investigate the rates in which Illinois newborns, i.e., newborns who were Illinois residents at the time of birth and born in an Illinois hospital, test positive for alcohol, narcotics, hallucinogenic agents and cocaine during the years 2008-12 using ICD-9 codes from hospital discharge data (Table 1). Positive test results are not mutually exclusive; more than one substance was detected in 8.6% of newborns (Figure 1). Of those newborns in which more than one substance was detected, 95% had two substances detected and 5% and three substances detected.

Rates of testing positive for alcohol in newborns lower than other drugs

The rate of cocaine detected in newborns is over eight times higher than the rate of alcohol detected in newborns. It must be noted, however, that alcohol will cause a positive toxicology screen for a few hours, while cocaine and narcotics will cause positive toxicology screens for several days to a week.

It must also be noted that testing for substances occurs when an obstetrician, pediatrician or other medical professional suspects for any reason that the baby might test positive for one or more substances. Therefore, rates are assumed to be underestimates, especially for alcohol.

THE BOTTOM LINE

- The rate at which newborns test positive for alcohol is lower than for illicit drugs; this is likely due to the fact that alcohol is metabolized much more quickly than illicit drugs, and thus is assumed to be underestimated.
- The rate at which newborns test positive for cocaine has decreased significantly over time.
- The rates at which newborns test positive for narcotics and cocaine vary significantly by race.
- The rates at which newborns test positive for alcohol, hallucinogenics, narcotics and cocaine vary by region.

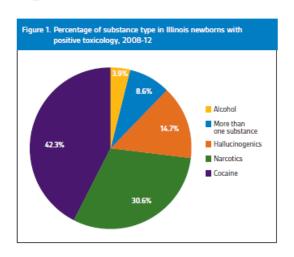


Table 1. ICD-9 codes and rates of substances				
ICD-9 Code	Substance	Rate per 100,000 live hospital births in Illinois, 2008-12		
760.71	Alcohol	17.7		
760.72	Narcotics	108.3		
760.73	Hallucinogenic agents	48.8		
760.75	Cocaine	148.6		



Racial and ethnic differences in substance detection in newborns

Hispanic newborns have lower rates of substance detection for all four of the investigated substances, while black newborns have the highest rates for all substances. (Table 2)

Proportionately, the differences between black babies and both white and Hispanic babies are greatest for alcohol and hallucinogenics. For both of these substances, black babies test positive over six times more than white babies, and nearly 16 times more than Hispanic babies.

The gap between the racial/ethnic groups narrows with narcotics and cocaine, with black babies testing positive eight and five times more than Hispanic babies, respectively.

Figure 2 shows the rate at which Illinois newborns tested positive for cocaine over time, by race/ethnicity. Both white and black newborns showed significant decreases over time, although the difference between black newborns and both white and Hispanic newborns was marked.

Figure 3 shows the rate at which Illinois newborns tested positive for narcotics over time, by race/ethnicity. White newborns showed slight but statistically significant increases over time. Again, the difference between black newborns and both white and Hispanic newborns was pronounced.

Rate of testing positive for cocaine in newborns declining over time

Figure 4 shows the rates of positive results by substance over time. Rates of alcohol, narcotics and hallucinogens did not increase or decrease steadily over time. Rates of cocaine did decrease over time; this decrease was statistically significant. In 2011 and 2012 rates of cocaine and narcotics converged, and in both years, narcotics were slightly higher.

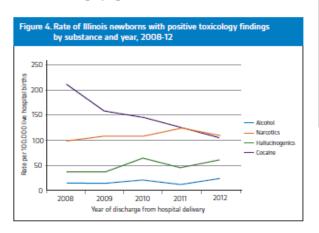
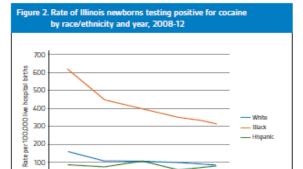


Table 2. Rate of substance detection by race/ethnicity, 2008-12

	nate per 100,000 live liospital billins		
Substance	White	Black	Hispanic
Alcohol	11.2	69.2	4.4
Narcotics	90.8	311.6	37.2
Hallucinogenic agents	32.4	197.2	12.4
Cocalne	112.6	435.9	82.4

Rate per 100,000 live hospital births

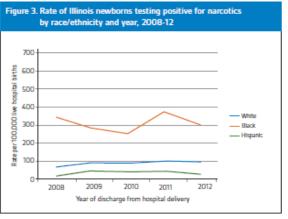
2012



2010

Year of discharge from hospital delivery

2008



Declutter this table

Declutter these borders

Injuries to Illinois and Chicago Youth: Alcohol and Illicit Drugs in Newborns

Screening for noxious influences affecting fetuses or newborns via placenta or breast milk occurs in newborns when the newborn appears sick and/or there are suspicions that the mother used substances. In this Child Health Data Lab Data Brief, we investigate the rates in which Illinois newborns, i.e., newborns who were Illinois residents at the time of birth and born in an Illinois hospital, test positive for alcohol, narcotics, hallucinogenic agents and cocaine during the years 2008-12 using ICD-9 codes from hospital discharge data (Table 1). Positive test results are not mutually exclusive; more than one substance was detected in 8.6% of newborns (Figure 1). Of those newborns in which more than one substance was detected, 95% had two substances detected and 5% and three substances detected.

Rates of testing positive for alcohol in newborns lower than other drugs

The rate of cocaine detected in newborns is over eight times higher than the rate of alcohol detected in newborns. It must be noted, however, that alcohol will cause a positive toxicology screen for a few hours, while cocaine and narcotics will cause positive toxicology screens for several days to a week.

It must also be noted that testing for substances occurs when an obstetrician, pediatrician or other medical professional suspects for any reason that the baby might test positive for one or more substances. Therefore, rates are assumed to be underestimates, especially for alcohol.

THE BOTTOM LINE

- The rate at which newborns test positive for alcohol is lower than for illicit drugs; this is likely due to the fact that alcohol is metabolized much more quickly than illicit drugs, and thus is assumed to be underestimated.
- The rate at which newborns test positive for cocaine has decreased significantly over time.
- The rates at which newborns test positive for narcotics and cocaine vary significantly by race.
- The rates at which newborns test positive for alcohol, hallucinogenics, narcotics and cocaine vary by region.

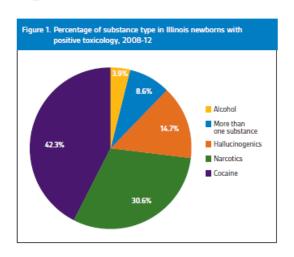
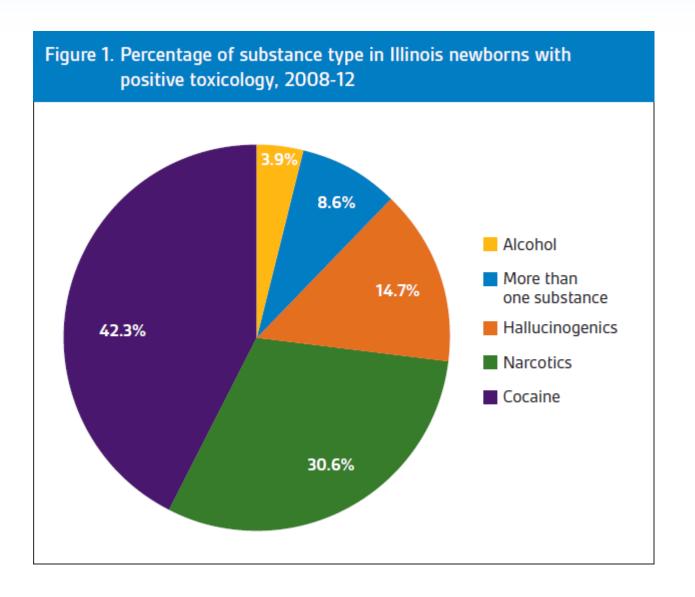


Table 1. ICD-9 codes and rates of substances				
ICD-9 Code	Substance	Rate per 100,000 live hospital births in Illinois, 2008-12		
760.71	Alcohol	17.7		
760.72	Narcotics	108.3		
760.73	Hallucinogenic agents	48.8		
760.75	Cocaine	148.6		

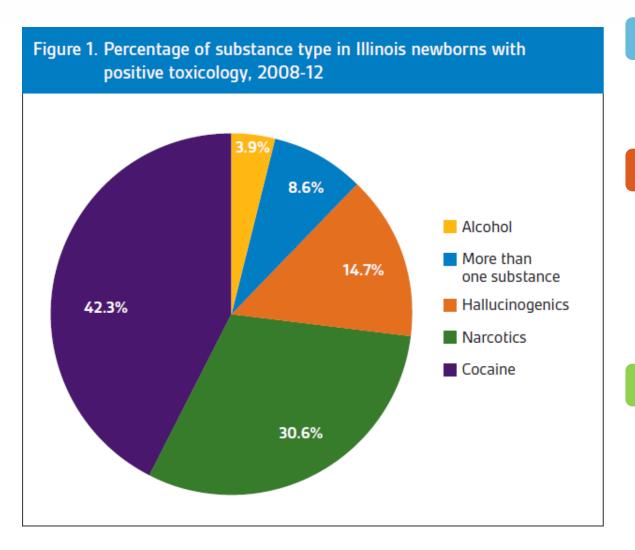








Applying our concepts



Rule Breakers

More than 2/3 slices

Rule Breakers

- Legend instead of directly labeled
- Border outline

Rule Breakers

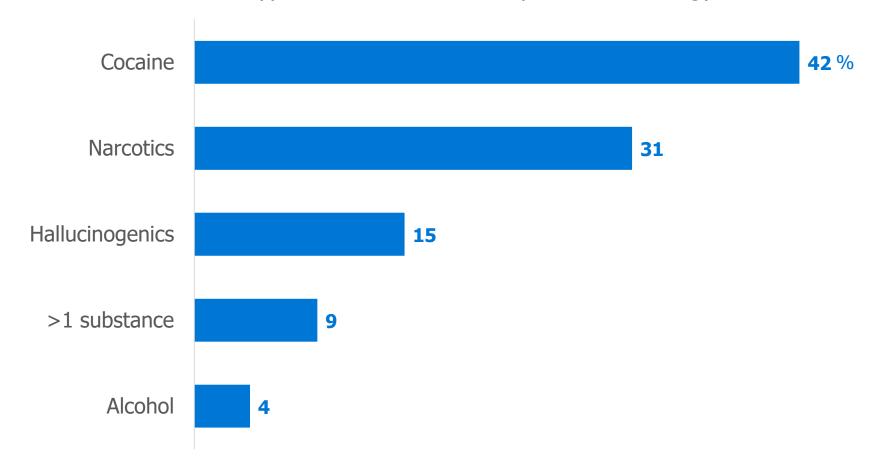
- Title text readability
- Decimals



Example 1:

More Illinois newborns screen positive for illicit drugs than alcohol.

Percent of substance type in IL newborns with positive toxicology, 2008-12



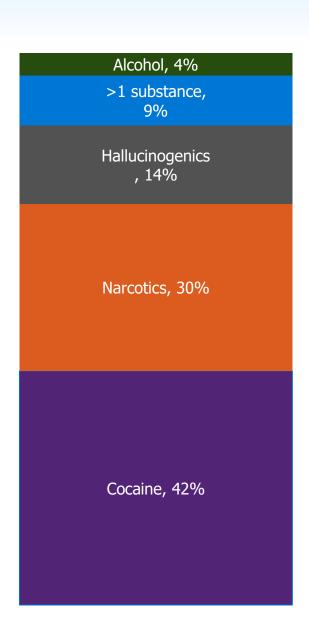
Example 2: Retaining part to whole relationship



100%

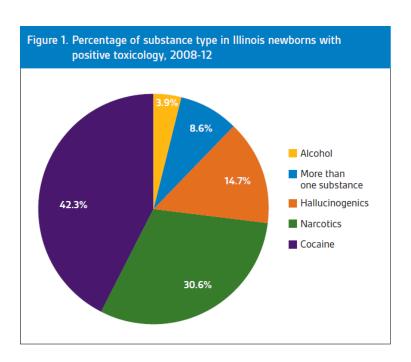
Majority of IL newborn positive toxicology screens are due to Illicit Drugs

Percentage of substance type among IL newborns with positive drug screenings, 08-12



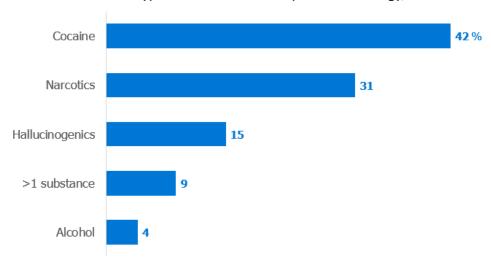


Before After

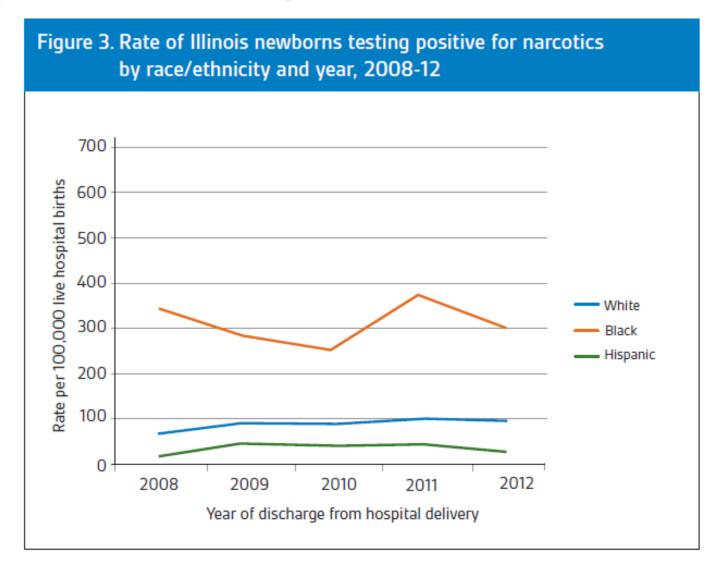


More Illinois newborns screen positive for illicit drugs than alcohol.

Percent of substance type in IL newborns with positive toxicology, 2008-12

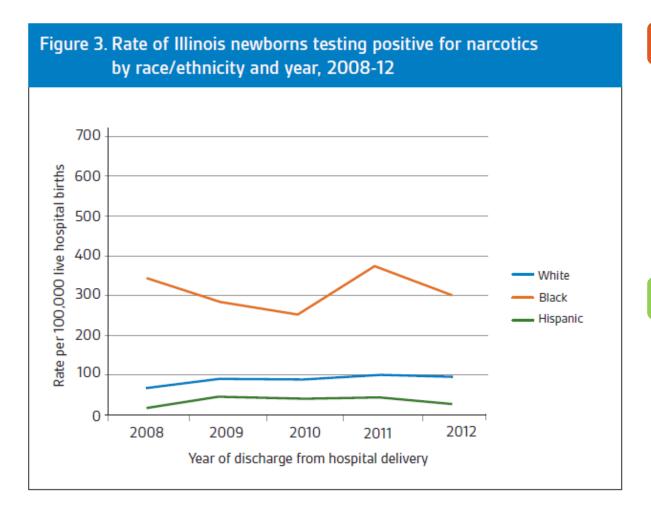








Applying our concepts



Rule Breakers

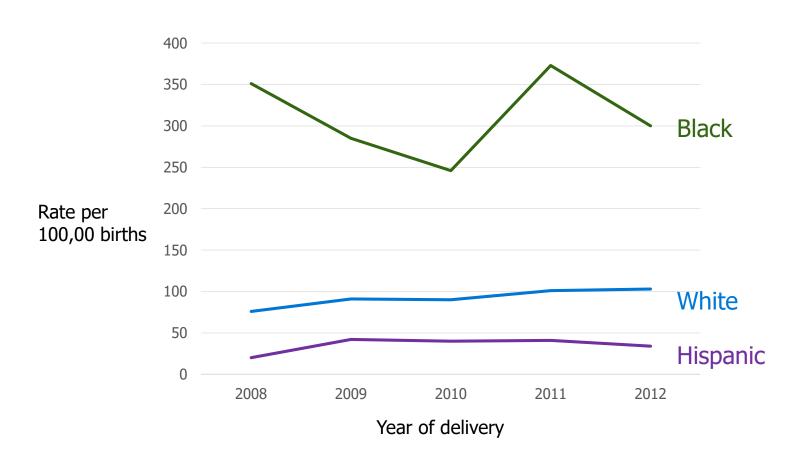
- Legend instead of directly labeled
- Border outline
- Dark gridlines

Rule Breakers

- Vertical text
- Title text readability/redundancy

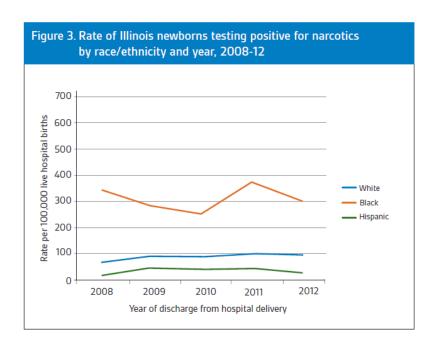


The rate Illinois newborns test positive for Narcotics varies by race



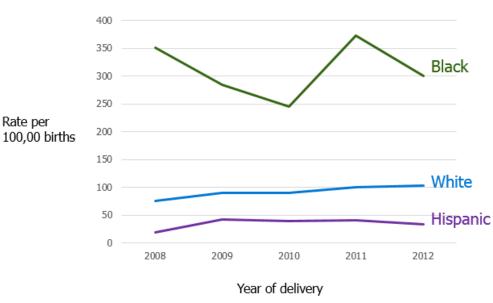


Before

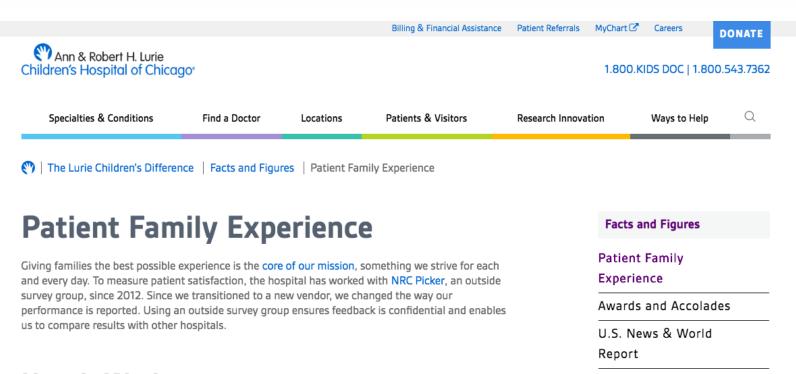


After

The rate Illinois newborns test positive for Narcotics varies by race







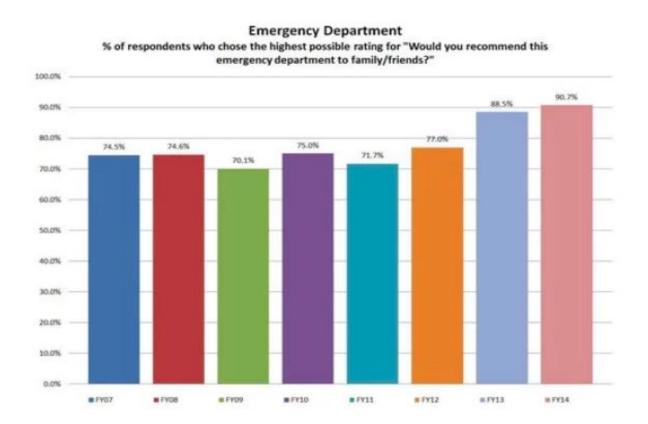
How It Works

Surveys are routinely mailed to a sampling of families whose children have received care at Lurie Children's. All data is provided as percentages and categorized by the hospital's fiscal year (September 1 to August 31). Our performance is measured by showing the percentage of respondents who chose "Yes, definitely," which is the best possible response.

The following charts show our surveyed families' responses to the question, "Would you recommend this hospital to your family/friends?" in each of our four main services: inpatient, emergency, surgical and outpatient.



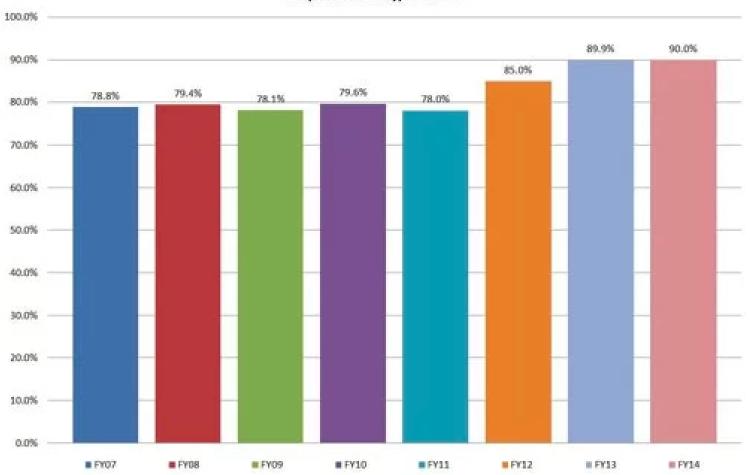
The following charts show our surveyed families' responses to the question, "Would you recommend this hospital to your family/friends?" in each of our four main services: inpatient, emergency, surgical and outpatient.





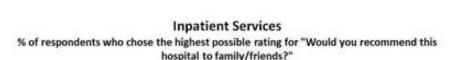
Inpatient Services

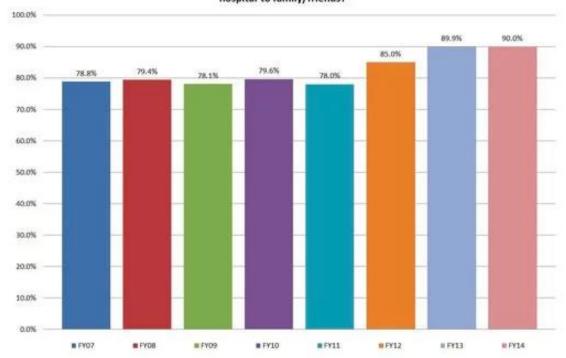
% of respondents who chose the highest possible rating for "Would you recommend this hospital to family/friends?"





Applying our concepts





Rule Breakers

- Legend axis
- Redundant axis/data labels
- Gridlines

Rule Breakers

Color isn't meaningful

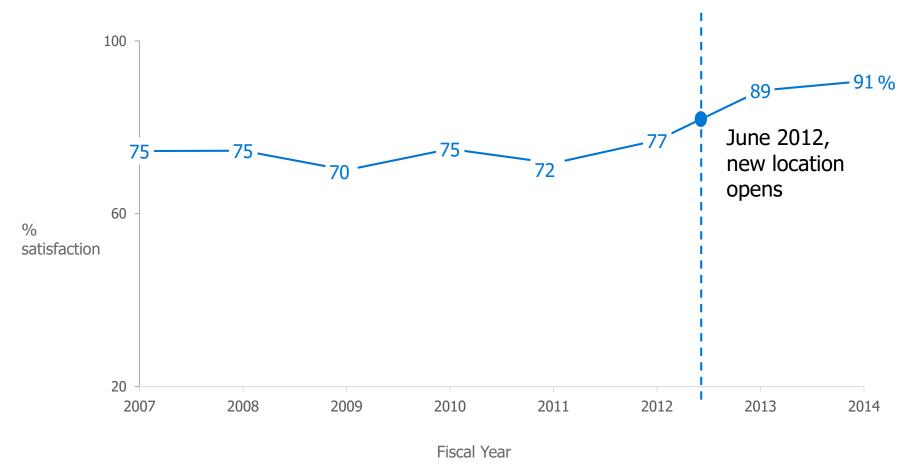
Rule Breakers

- Decimals
- No story in the title



Improved patient experience in the new

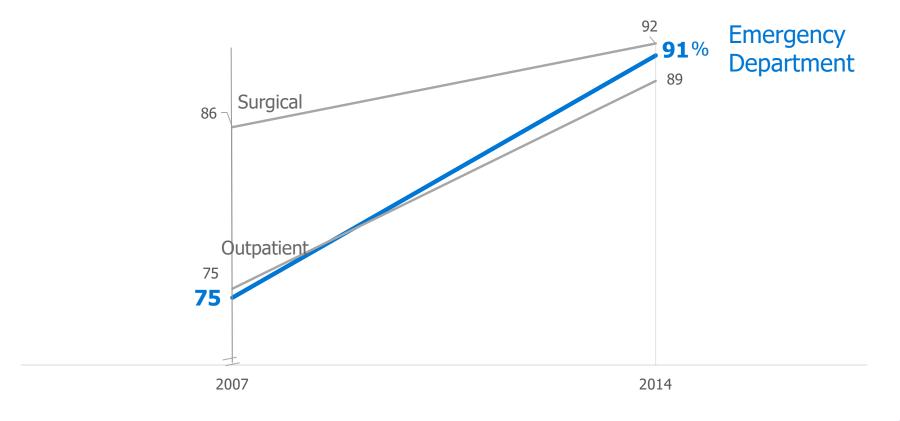
hospital: In a 5 year span, our Emergency Department patients' satisfaction scores increased over 20 points





The Emergency Department improved

the most: From FY07- '14, every division's patient satisfaction scores improved, with the ED displaying the greatest increase of over 15 points

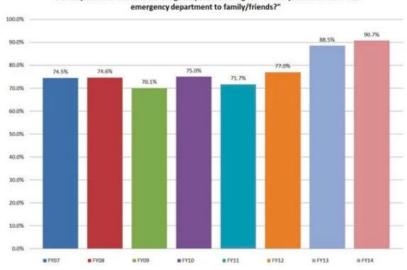




Before

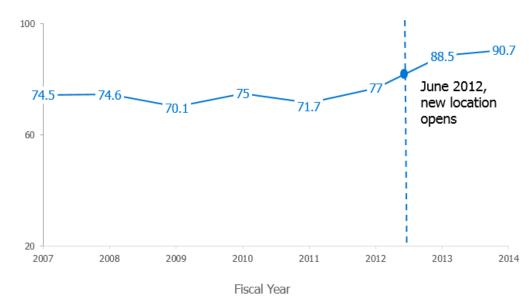
After

Emergency Department % of respondents who chose the highest possible rating for "Would you recommend this



Improved patient experience in the new

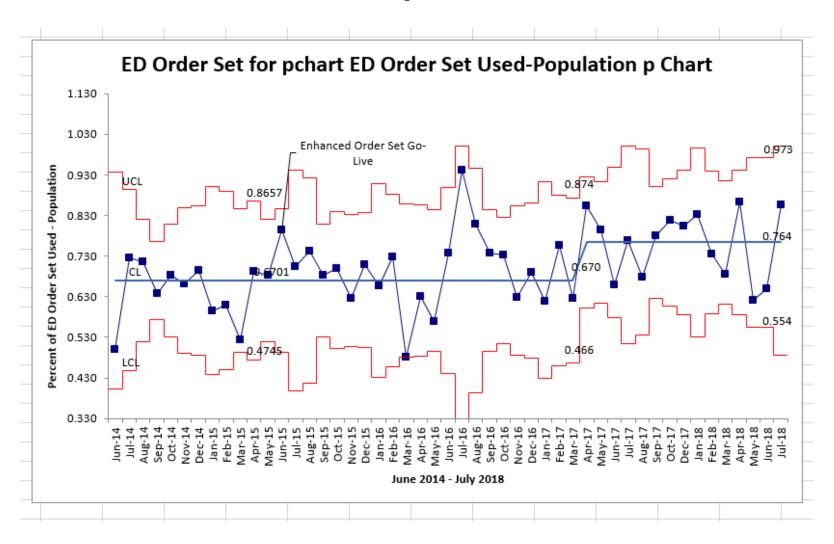
hospital: In a 5 year span, our Emergency Department patients' satisfaction scores increased over 20 points



Before: Control chart/p chart

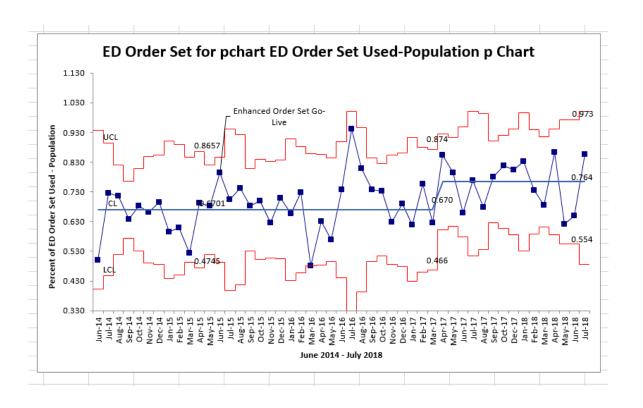


What could we improve?





Applying our concepts



Rule Breakers

- Axis clutter
- Redundant axis/data labels
- Border

Rule Breakers

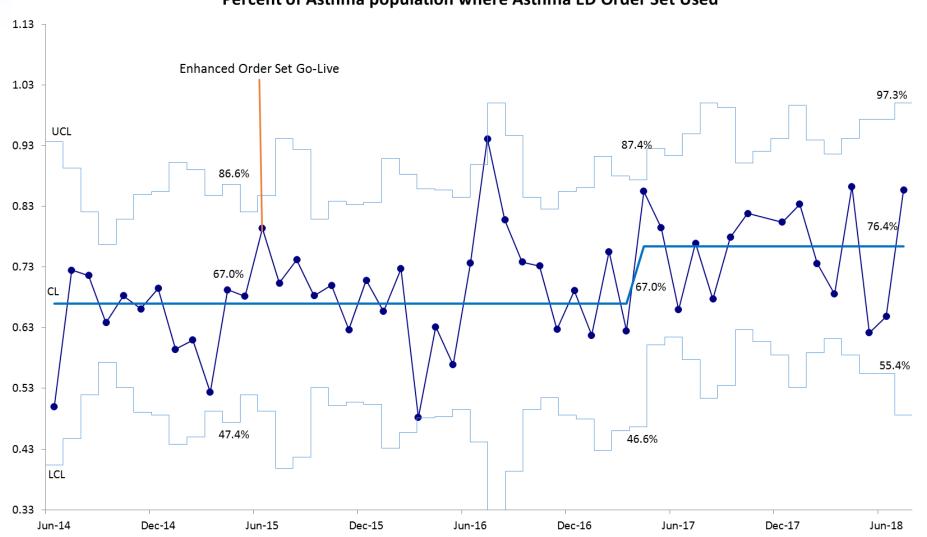
Color meaning

Rule Breakers

- Vertical text
- Title length

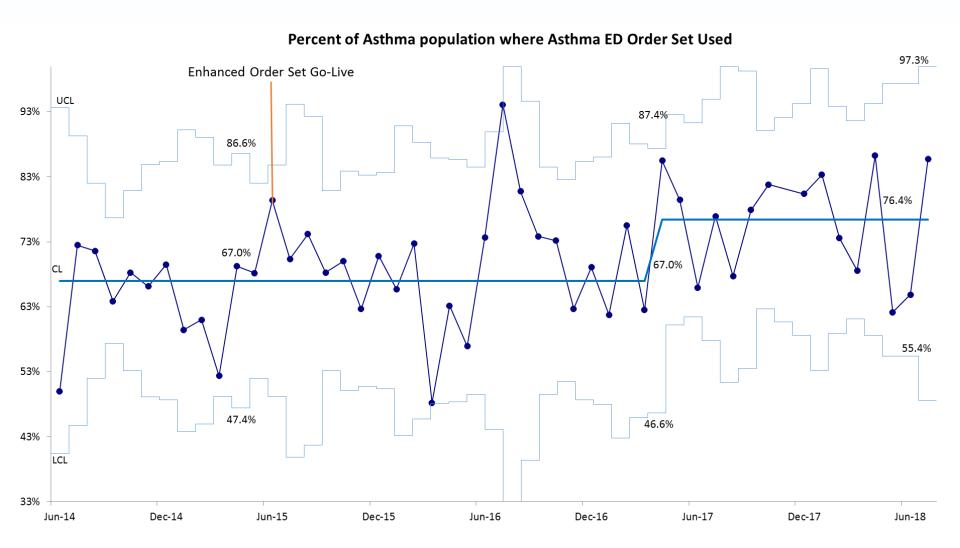








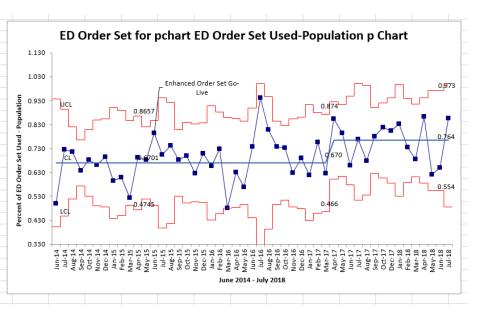
After: Control chart/p chart

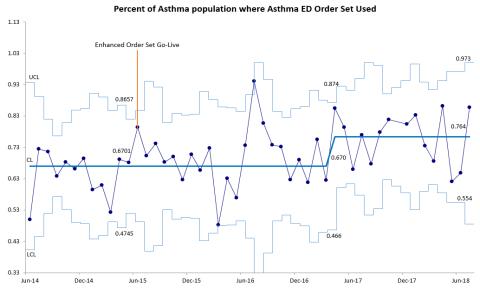




Before

After







Remember to

✓ Choose the Right Chart

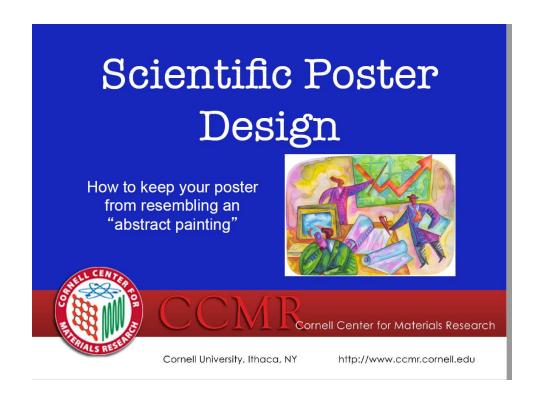
✓ De-Clutter

✓ Clarify with Color

✓ Clarity with Text



Poster Design Presentation





Thank you!!

Questions?

abendelow@luriechildrens.org

